

Strengthen skills that will last a lifetime and explore options as you develop new ways to thrive!



FAMILY COACHING

Helping families reach their goals.



We can help your family achieve its goals:

- Education plans and goals
- Employment opportunities
- Find safe, stable childcare
- Complete wellness supports
- Budgeting and planning
- Find affordable, safe housing
- Build community connections

Every journey needs a first step...



Contact us today to get started

Resource Advocates/Case Managers

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Waldo Community Action Partners



WCAP's services are provided without regard to a participant's race, color, religion, national origin, ancestry, sex, age, physical or mental disability, sexual orientation, or veteran's status, except where program eligibility guidelines apply.

Rocky Paths Often Lead to Beautiful Places!

A family coach can help you navigate.

Why should we consider Family Coaching?

A family coach works with you to set and reach goals that are important to you and your family.



Your coach is a partner and a guide to help you develop a step-by-step approach to prioritize and reach *your* goals.

What can we expect from Family Coaching?

- Opportunities to learn more about how to utilize your family's strengths and priorities.
- Chances to explore available resources in your community.
- Time to discuss options and brainstorm ideas that work.
- A partner in exploring ways to navigate challenges and develop future plans.
- Weekly phone connections and bi-monthly meetings to support your goals.
- Step-by-step guidance and supportive feedback.
- A cheerleader for your family!



Is Coaching right for our family?

Do you have at least one child in the house under the age of 16 and at least one adult looking to explore employment or education opportunities?



Call today to see if you are financially eligible for this free program. If you are receiving TANF or LiHEAP, you automatically qualify!

(See back for contact information)