



# WALDO COMMUNITY ACTION PARTNERS ANNUAL REPORT



20  
17



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Kenneth Wills  
Galen York

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Joanie Heartquist  
Brent Stapley  
Bjorn Streubel



# LETTER FROM THE BOARD OF DIRECTORS

Dear Community Member:

The Waldo Community Action Partners (WCAP) Board of Directors is pleased to be able to share with you our agency's recent accomplishments in helping to empower our neighbors in achieving economic independence and self reliance.

We have welcomed two new Board members. They are Pat Clark of Unity and Joseph Baiungo of Belfast. Thank you to our new Board members for agreeing to serve on our Board.

Our service area for public transportation has expanded beyond Waldo County to include Knox, Lincoln, and Sagadahoc Counties and the municipalities of Brunswick and Harpswell. WCAP's Mid-Coast Public Transportation (MCPT) has formed 3 advisory work groups. The purpose of these groups is to increase access to public transportation. The group members represent stakeholders from public , private, and non-profit sectors. The mission of Mid-Coast Public Transportation is to provide safe, reliable and courteous transportation.

This past summer, we completed our Waldo County Community Needs Assessment. The information collected in this assessment will inform and drive the agency's strategic plan and help the agency move forward in achieving our mission; "Building strong families

and communities by empowering people to achieve economic independence and self-reliance".

Our Head Start Program saw many additional students attending for longer periods of time each day as well as the opportunity to attend year round due to the receipt of a grant to increase classroom hours. This has allowed us to offer more opportunity to our students.

Members of WCAP's Board of Directors and Head Start Policy Council testified before the joint committee of Maine State Legislature's Appropriations and Health and Human Services to help maintain current funding levels. Members had the opportunity to speak to Senate President Michael Thibodeau and his legislative staff advocating for our Waldo County children.

We wish to acknowledge and thank our many community partners, volunteers, and donors. This includes Molina Healthcare, who donated a book to every Head Start student as well as 500 pairs of New Balance sneakers to our Head Start and Neighbor for Neighbor families.

Thank you all for your continued support.

Sincerely,  
The WCAP Board of Directors

## BOARD

### OFFICERS

Faith Campbell, *Chair*  
Jessica Woods, *Vice Chair*  
Mike Weaver, *Secretary*  
Joanne Pease, *Treasurer*

### MEMBERS

Walter Ash Jr.  
Joseph Baiungo  
Patricia Clark  
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Marilyn Fogg  
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Arlin Larson  
Sarah Martin

Kim Mitchell  
Jason Moody  
Gary Moore  
Wesley Neff  
Sandra Otis-Anderson  
Linda Stec  
Ellie Weaver  
Kathleen Whitney







## BOOKS AND SHOES FOR WALDO COUNTY KIDS

WCAP happily agreed to partner with Molina Healthcare in 2017 to distribute 500 pairs of brand new New Balance sneakers for Waldo County children as part Molina's "Keeping Kids on the Move Campaign" to promote good health by way of physical activity in children, and providing brand new sneakers to young children is their way of doing it. WCAP received the sneakers in the spring of 2017 and distributed to all 8 Head Start centers. WCAP's Neighbor 4 Neighbor families received their shoes over the next few months. Children were elated to see a fresh pair of sneakers sitting in a box just for them and eager to try them on. They climbed up on the chairs in our office waiting area and laced up, walking out our organization's doors proud and ready to get outside and get active.

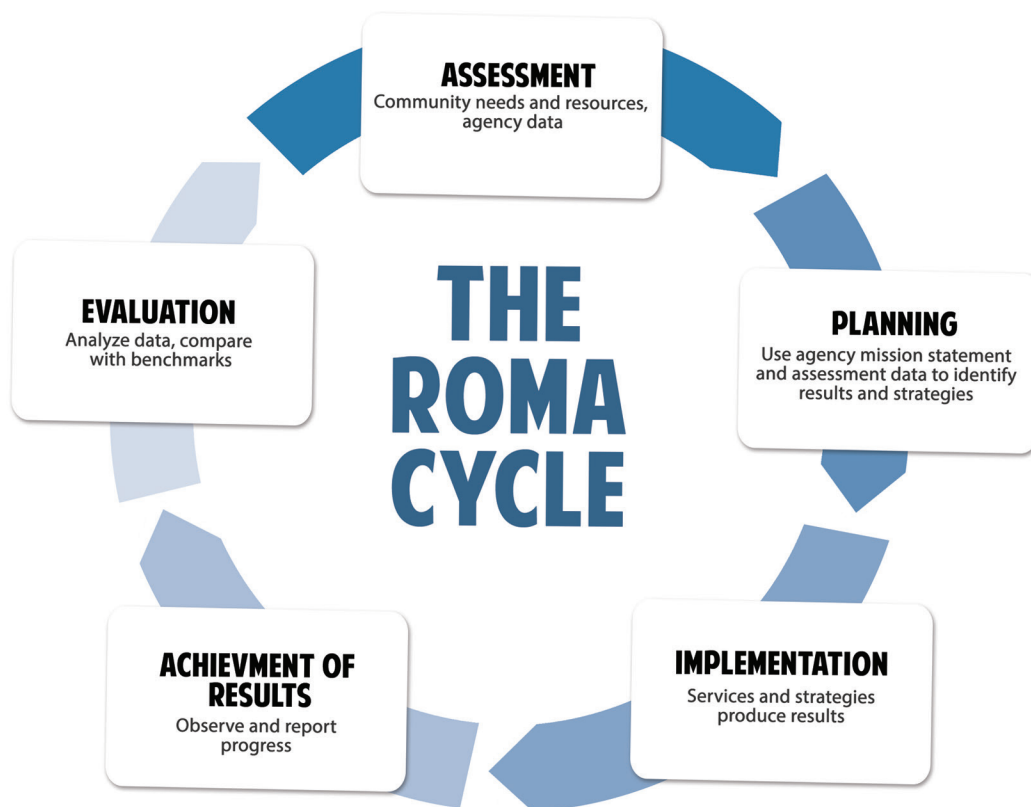
A public press event to celebrate the shoe donation was held at our Stockton Springs Pre-K site. Peter Gray, Wendy Eames, and Matthew Wilson of Molina Healthcare and also Dorothy Havey of Senate President Michael Thibodeau's office and Christopher Rector of Senator Angus S. King, Jr.'s office joined us at the event celebrating the donation. We read the book *Pete the Cat I Love My White Shoes* and the Stockton Springs Pre-K classes presented Peter Gray, Director of Molina

Healthcare, with something special they made to say thank you for their new shoes.

Over the summer, Molina Healthcare's foundation (The Molina Foundation) reached out to WCAP to let our organization know that along with 9 other CAP agencies, WCAP had been selected to participate in their "Books Across Maine Campaign" designed to promote back-to-school learning and help combat the "summer slide" where students lose academic ground over the break.

During the 2015-16 WCAP Head Start program year, the percentage of children meeting or exceeding expectations in literacy went from just 63% at the beginning of the school year to 97% by the end of the school year. The Molina Foundation's Books Across Maine campaign allowed for each enrolled child at our 8 Head Start/ Early Head Start locations to take home a new book to share with their families.

WCAP would like to thank Molina Healthcare and the Molina Foundation very much for being a part of our community this summer and helping to make a difference for so many children.



## ASSESSING WALDO COUNTY

An important component of WCAP's management model, Results Oriented Management & Accountability (ROMA), is that the agency regularly assess the factors that contribute to poverty in Waldo County, as required of all Community Action Agencies for their region. WCAP performs this assessment in full every three years and updates some parts annually. It's important to the agency to be well informed of changes in the community, as well as what resources are already available when planning and delivering programs and services.

WCAP conducted a full assessment in 2017, to provide an up-to-date picture of economic and social conditions in Waldo County as of September 2017. The assessment will inform WCAP's ongoing efforts to help the county's residents improve their quality of life. The data presented in the assessment provides a comprehensive look at the economic and social challenges facing the community. These findings will help WCAP identify existing gaps in services for low-income residents as well as opportunities to help them improve their economic, physical, and emotional well-being. Like previous assessments, it will also provide valuable information for other service

providers in Waldo County.

An advisory committee consisting of WCAP staff, board, and community members guided the content of the assessment, which was written by 45 North Research, LLC, an independent economic research firm.

Additionally, to supplement information from publicly available sources, WCAP and its partners conducted a community needs survey that drew 419 responses. Survey participants included WCAP clients, service providers, parents and students, and a broad range of other community members. Collectively, their responses provide valuable person insight into the conditions hinted at by the data.

45 North Research concluded that overall, there are many things going right in Waldo County – employment is up and rising poverty rates have leveled off – but there are also many areas of need. A summary of the major findings detailed throughout the 2017 Waldo County Community Needs Assessment is provided on the following page.



## POPULATION

Waldo is an old county within an old state. More than 1 in 4 residents (27%) are age 60 or older. This will likely challenge the growth of local businesses as more and more Baby Boomers retire. Like the rest of Maine, the county lacks the younger, more diverse populations that are generating growth elsewhere in the country.

## POVERTY

Waldo County is noticeably less wealthy than its neighboring coastal counties, and poverty disproportionately affects the region's children. More than 1 in 4 children under age five (27%) are living in poverty, much higher than the overall poverty rate of 16% and triple the rate for residents age 65 and older (9%). Two out of three households headed by single mothers of children under five are poor (66%). The good news is that overall poverty rates appear to have stabilized after growing for more than a decade.

## EMPLOYMENT

In 2016, Waldo County finally recovered the jobs it lost during the closure of MBNA and the Great Recession of 2007-2009. Unemployment is low (4.2% in 2016), although it continues to rise in winter when many seasonal businesses close. Despite this progress, not all Waldo County residents are benefitting from the region's growth. Many residents are struggling to find jobs for which they are qualified that pay a livable wage, and logistics such as transportation and childcare create barriers for many would-be workers. Community members report a lack of well-paying local jobs for residents without education or training beyond high school.

## EDUCATION

At each level of Waldo County's education system, data shows opportunities for improved service, participation, or attainment. Roughly half of four-year-olds are not enrolled in public pre-kindergarten; a large percentage of students are not proficient in math or English; 15% of high school youth don't graduate on time; and more than two-thirds of adults don't have a college degree. Although these trends are fairly consistent with the rest of Maine, they will nevertheless encumber the ability of Waldo County's population to reduce poverty and help all residents achieve economic self-sufficiency.

## YOUTH

Youth emerged as the most vulnerable segment of Waldo County's population. Almost two-thirds (62%) of students are eligible for subsidized school lunch, 1 in

5 children live in poverty, and 1 in 4 are food insecure. Adding to the challenges of poverty, the opioid epidemic is affecting children through their parents and caregivers. Community survey respondents identify drugs as the biggest problem facing youth in Waldo County.

## SELF-SUFFICIENCY

Many individuals in Waldo County struggle to achieve self-sufficiency. The transportation issues inherent to a rural area, high energy and tax bills, and the cost of living put pressure on low-income households. Nearly 6,000 residents are food insecure (15% of the population).

## HOUSING

Housing affordability continues to be a challenge for many Waldo County residents with a low income who are looking for a home. The local rental market is particularly tight. In 2016, the average rent for a 2-bedroom apartment in Waldo County was slightly above the state average, even though local incomes are about 10% below incomes elsewhere in Maine.

## HEALTH

Opioid use and obesity were the highest concerns of community members who participated in WCAP's survey, ahead of such common challenges as food insecurity, transportation, and job training. In 2014, the rate of overdose responses by emergency personnel was more than double the state average. Compared to other Maine residents, Waldo County residents are about as healthy by most other measures, but are about 10% more likely to be overweight and 20% more likely to lack medical insurance. Also, the percentage of children who lack immunizations is nearly double the state average.

## COMMUNITY SURVEY

WCAP's community survey garnered 419 responses from a broad collection of community members and service providers. The top concerns identified by those stakeholders for Waldo County youth were drug abuse (primary by caregivers), the need for more jobs or job training, and the lack of out-of-school activities. The top concerns identified for Waldo County adults were drug abuse, lack of livable-wage jobs, and lack of affordable housing.

For a copy of the full version of WCAP's 2017 Community Needs Assessment, including works cited, visit [waldocap.org](http://waldocap.org) and click on "Publications & Reports" at the top of the page. Or, contact Tabitha Lowe, WCAP's Community Projects Director, at [tlowe@waldocap.org](mailto:tlowe@waldocap.org).

# A NEW HOME FOR FENALYN

An elderly Waldo county resident who found herself in a dangerous predicament this past fall, received a gift of a mobile home, thanks to the extraordinary determination of WCAP's staff, partners and the community.

Fenalyn Jameson, 86, was living in a one-story stick built house in Brooks when she was approved for Home Repair Services to replace the house's windows and siding.

After work began, the contractor discovered that there was extensive moisture and insect damage to the structure, which meant the job could not continue as planned. Staff from MaineHousing and WCAP met at the site to access the situation.

"When they began pulling off the shingles, we discovered there was dry rot in the entire structure—especially in Fenalyn's back bedroom," said Housing Auditor Joanie Heartquist, who took the lead for WCAP. "You could pull the siding off with your hands. We were in a panic. This place was completely unsafe for her to continue living in."

Jameson, who has resided in this house since 1985, has lived alone since her husband died. "We didn't know how bad it was or what we were going to do," said her granddaughter, Jewell Curtis, 37, whom Jameson took in and raised since she was 11 years old. With no money to buy Jameson a new house, the family worried for her safety and tried to come up with solutions. "We were looking at doing a lot of work on her house this summer to shore up the structure," Curtis said.

The damage was too extensive for the Home Repair Program and there was no current program for home replacement. WCAP was faced with the decision to patch the siding that was removed and walk away from the project but Heartquist could not get Fenalyn out of her mind. "I couldn't walk away from this," she said.

WCAP, whose programs help Waldo County homeowners and/or renters with low incomes, is not typically in a position of being able to purchase an entire house for residents. But, by the time MaineHousing and WCAP staff left, they had the beginnings of a plan to replace her home with a mobile home. Heartquist had to get creative and use every connection she had as well as making some new ones.

"Maine Housing and the Department of Economic and Community Development (DECD) using Community

Development Block Grant funding are the two major funders of home repair money, but there's a regulation where they cannot replace a stick built house with a mobile home," said Heartquist. "My department had some discretionary funding left from a previous program," explained Heartquist. "We decided to use this funding to purchase a previously owned mobile home for Fenalyn.

Heartquist spent weeks searching for pre-owned mobile homes. Once the right mobile home was found, WCAP secured funding to prep the site, move and set up the mobile home, make utility connections, build entrance steps, and make some interior repairs including a new electric panel, a new water pump and new water heater.

In addition, Jameson's community stepped up in countless ways. The Town of Brooks expedited the steps required to set up the mobile home while others generously gave to the effort including: reducing the purchase price; reducing the price to relocate the mobile home; providing a new electric range and a new stackable washer/dryer; and providing a handicap ramp.

The community even provided new bedding, cleaning supplies and a bed for Jake, Jameson's eight-year-old pug and constant companion. Jameson, who grew up in Maine carrying water and hanging her wash on clotheslines, said she's thrilled to have a dryer for the first time in her life. "And now, there's more room for Jake to run around in," she said.


Contractors have worked on the mobile home all winter, connecting the electrical system, septic and well. Though the weather hadn't always cooperated, causing multiple delays, Jameson and Jake moved into their new home on February 11.

Heartquist has continued to stay in touch with Jameson weekly throughout the process. The connection she has with Jameson goes beyond her typical client relationships. She checks on her regularly with in-person visits and even washed the curtains that came with the new mobile home so that when Jameson moved in, they would be fresh and clean.

"Joanie went above and beyond any expectations for my grandmother," said Curtis. She's been phenomenal with communicating with Gram. We are very, very thankful."

-- Kay Stephens





**“WE WERE IN A  
PANIC. THIS PLACE  
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UNSAFE FOR HER TO  
KEEP LIVING IN.”**



# BUILDING NEW ROUTES AND PROVIDING A LIFELINE TO PEOPLE IN RURAL COMMUNITIES

For decades, Mainers without vehicles have had few public options when it came to getting a needed a ride from home to work or to the doctor or to town for necessary trips.

Other pilot transportation programs have been attempted in the Midcoast, but Mid-Coast Public Transportation (formerly Waldo County Transportation Program) which operates under WCAP, has consistently been the only form of public inter-town transportation in Waldo county for more than 30 years with almost 300,000 trips provided last year alone.

Now with the Maine Department of Transportation's support, Mid-Coast Public Transportation has expanded its service range into MDOT Region 5, supporting Knox, Lincoln and Sagadahoc counties with additional plans to service the municipalities of Brunswick and Harpswell.

With this expansion, multiple advisory workgroups in Waldo County, Knox/Lincoln County and Sagadahoc County were set up to give valuable input to the process with the purpose of creating a continuous forum for needs assessment, education, communication, and coordination of partnership and funding opportunities.

Rachel N. Smolenski, a Case Manager for Mid-Coast Recovery Coalition, is one of the advisory work group members, and as a single mother, has a vested interest in seeing communities establish regular, consistent transportation. "When I was younger and had three kids to care for, I had to use the bus to get to college, get the kids to day care and to do all of my errands," she said. "I didn't have much support, but the bus helped me to feel independent."

As more fixed and flexible routes are added to public transportation, widening the availability in rural areas, communities will begin to see a ripple effect.

"It could increase the ability for young people to work in our community—which encourages them to stay in town rather than move out of state—and it could help bring people closer together, said Smolenski. "And it could also reduce pollution from vehicles."

Joel Horne, an Engagement Specialist at Maine Behavioral HealthCare, another work advisory member, said, "I have

worked with clients trying to access transportation for a myriad of reasons and am passionate about finding affordable solutions to this huge unmet need."

Citing examples, of what happens when that need is unmet Horne said, "Folks without Medicaid are unable to afford rides to doctor; community members with limited finances are unable to go places to shop or be more involved in their communities. My hope is that these transportation services can be the link to help people live better lives, giving them access to shopping, entertainment, healthcare services, volunteering, work, and many other community-centered activities that are part of a healthy lifestyle. I think the expansion of these transportation services is a vital part of the solution."

In addition to building new routes, this past year Mid-Coast Public Transportation built an alliance with The Mid-Coast Recovery Coalition, a nonprofit striving to reduce the rates of drug addiction and its consequences.

According to Dr. Ira Mandel, Director of the Mid-Coast Recovery Coalition, those with addiction who cannot afford a reliable vehicle or have lost their license to drive due to addiction related consequences are particularly vulnerable.

With a coordinated transportation system now benefiting people working to overcome addiction, Mid-Coast Public Transportation has become a lifeline to those struggling with maintaining employment, meeting life needs and accessing other services.

As Mid-Coast Public Transportation continues to get more support from stakeholders and passengers, the organization truly sees itself as a public service for all.

"We understand public transportation is often viewed as a resource for those who don't or can't drive," said Steffanie Pyle, Mid-Coast Public Transportation Community Engagement Specialist. "But public transportation is more than a way for the transportation disadvantaged to get around. Public transportation is for everyone and benefits the whole community. Taking the bus can save money, reduce traffic congestion, and it's a great way to support your local economy."

-- Kay Stephens





**"PUBLIC TRANSPORTATION  
IS FOR EVERYONE AND  
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YOUR LOCAL ECONOMY."**





# HEAD START ANNUAL REPORT

Each Head Start agency must make available to the public an annual report that discloses the following information from the most recently concluded fiscal year (September 1, 2016 to August 31, 2017):



## TOTAL AMOUNT OF PUBLIC AND PRIVATE FUNDS RECEIVED:

State DHHS Revenue .....	\$237,422
State CACFP & Child Nutrition .....	\$70,200
Federal Head Start .....	\$1,409,215
Federal Head Start Training .....	\$20,495
Unrestricted Funds. ....	\$74,117
In-Kind – Head Start .....	\$439,587
Federal Early Head Start .....	\$568,526
Federal Early Head Start Training ...	\$14,911

Some agency-wide audit findings were disclosed in accordance with Circular A-1-33, Section 510(a). A copy of audited financials are available upon request.

CLASS Review Results from April 2017:  
Emotional Support Domain: 5.7841  
Classroom Organization Domain: 5.53  
Instructional Support Domain: 2.2727

In 2016-17, WCAP Head Start funds increased by **\$0.**

**13.8%** of Federal Head Start funds were used to support admin. services.

**86.2%** were used to support direct services for development programming.

Total number of individuals served:

**154** Head Start children  
**52** Pre-K eligible children  
**61** Early Head Start children  
**7** Early Head Start pregnant women

Total number of families served:  
**147** Head Start families  
**58** Early Head Start families

Average monthly enrollment:  
**100%** Head Start children  
**100%** Early Head Start children



## 2016-2017 WCAP HEAD START POLICY COUNCIL

### BELFAST HEAD START:

Beth Spaulding, Voting  
Kathleen Whitney, Voting (Chair)

### SEARSPORT EARLY HEAD START:

Kelsie Cook

### MORSE/MONROE PRE-K:

Jason Moody, Voting (Vice Chair)

### LIBERTY/WALKER PRE-K:

Liz Cunningham, Voting

### STOCKTON SPRINGS PRE-K:

Ellen Apetz, Voting  
Erin Nickerson, Alternate

### COMMUNITY:

Sumer Bayer, Voting

### WCAP HEAD START CHILDREN SERVED BY ELIGIBILITY CRITERIA

	HS	EHS
INCOME ELIGIBLE	67%	50%
PUBLIC ASSISTANCE	5%	24%
FOSTER CARE	3%	4%
HOMELESS	3%	3%
100-130% OF POVERTY	13%	10%
130-200% OF POVERTY	10%	9%



Percentage of enrolled children who received dental exams:

**81%** of Head Start children

**98%** of Early Head Start children

**57%** of Early Head Start pregnant women

It is through our strong partnerships with our dedicated staff and RSU's #3, #20, and #22 that we are able to succeed.

WCAP Head Start has an equally strong partnership with parents. Families are invited to participate in parent groups, Policy Council, the HS/EHS Health Advisory Committees, and the self-assessment process. They are encouraged to participate in their child's education by volunteering in classrooms, their home (for our home based EHS program), in the centers' kitchens, and on field trips.

Last year's total number of volunteer hours was:  
**6,766** (HS **1,705**; EHS **5,061**)

This was achieved by **216** volunteers in all.



Percentage of enrolled children who received medical exams:

**94%** of Head Start children

**98%** of Early Head Start children

**100%** of Early Head Start pregnant women





# HEAD START SCHOOL READINESS

**OVER-ARCHING GOAL:** To fully support children and families to be school ready and to set the stage for future successful learning experiences.

## SCHOOL READINESS IS ACHIEVED ACROSS 5 DOMAINS:

1

LANGUAGE &  
LITERACY

2

PERCEPTUAL, MOTOR, &  
PHYSICAL DEVELOPMENT

3

COGNITION

4

APPROACHES TO  
LEARNING

5

SOCIAL &  
EMOTIONAL  
DEVELOPMENT

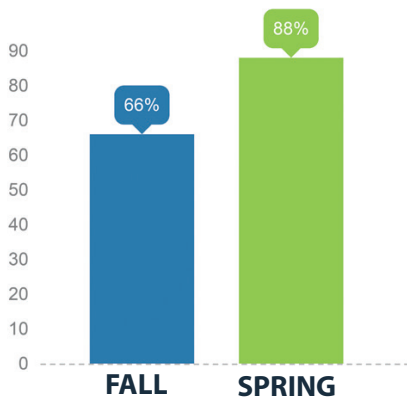


# HEAD START / EARLY HEAD START CHILD OUTCOMES

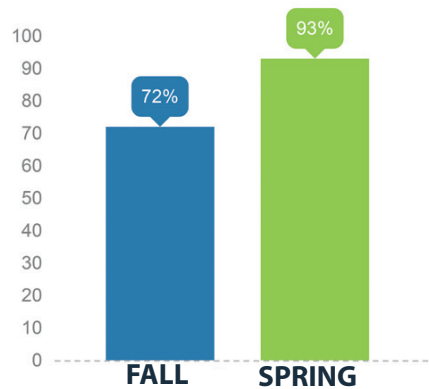
Each year children are assessed using the Teaching Strategies Gold. This system is an observation-based measure of how children are learning different skills across six domains: Social-emotional, physical, language, cognitive, literacy, and mathematics. Our data shows that children come in below the widely held expectations for their age group at the beginning of the school year in the fall and by the spring are making great gains to either meet or exceed the expectations for their age group. The data presented here show those gains for children in our program ages 2+ in our center-based classrooms.

## % OF WCAP HEAD START CHILDREN MEETING OR EXCEEDING EXPECTATIONS: (2016 - 2017 PROGRAM YEAR)

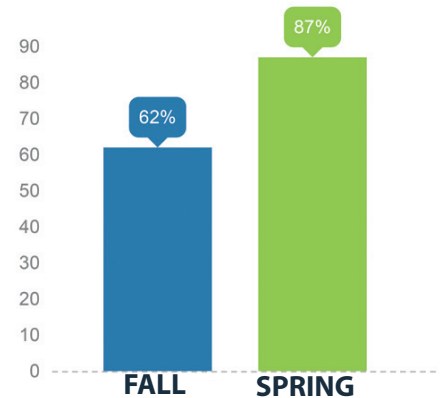
### SOCIAL/EMOTIONAL



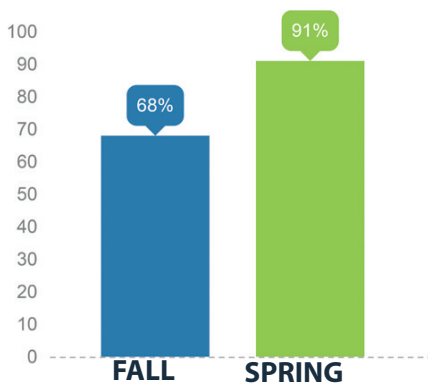
### PHYSICAL



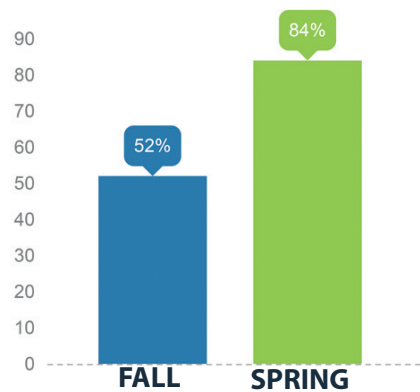
### LANGUAGE



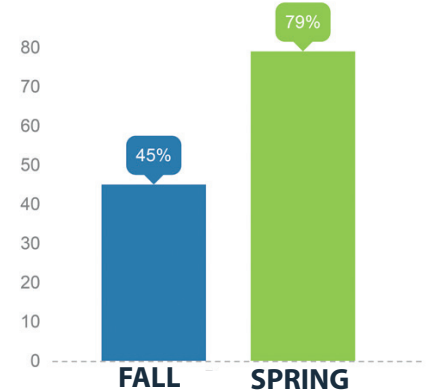
### COGNITIVE



### LITERACY



### MATH



## PROPOSED FEDERAL HEAD START & EARLY HEAD START BUDGET FOR PROGRAM EXPENDITURES YEAR 2016-17

Salaries.....	\$1,255,198
Fringe.....	\$450,032
Equipment.....	\$5,920
Supplies.....	\$50,298
Contractual.....	\$61,963

Other.....	\$598,886
Training/Technical Assistance.....	\$37,532
Indirect Cost.....	\$280,884
<b>Total Expenses.....</b>	<b>\$2,740,713</b>



# COOKING OUTSIDE THE BOX

On an icy weeknight in February, Crystal Ivers unpacks a reusable grocery tote of black beans, tomatoes, rice, peppers, shredded cheese, and spices at her home in Stockton Springs. Her two young boys, Noah, 3 and Gerald, 5, sit at the kitchen table ready to help. Her husband Tai stands over Gerald, supervising, as he carefully dices a red pepper on a cutting board.

They are going to have a healthy black bean chili for dinner, thanks to a new WCAP initiative that aims to connect families with young children to nutrition through new experiences.

"We really wanted to start addressing food insecurity and obesity in Waldo County long-term," said Tabitha Lowe, WCAP's Community Projects Director. "Families with low incomes are often restricted to making meals based on what information and resources they have access to, especially in a rural community like this one. We aim to knock down walls with this project, by providing our own version of subscription-based meal kits that are so popular right now to families at no cost, paired with various new experiences and classes to open up new thinking. Beyond just accomplishing getting food to families in need, we're putting forward recipes that incorporate spices and fruits or vegetables that will likely be new to the family, to open up their scope of possibility."

Called "Head Start 4 Hunger," the pilot program is a partnership between two departments within WCAP; Heroes 4 Hunger and Head Start, with Cherie Merrill, Head Start's Nutrition Coordinator, ensuring recipes are nutritious and affordable, with many recipes WIC-approved. Since the pilot project was so successful this year, WCAP plans to add a nutrition consultant to the project's team to bring the meal-kits to the next level. Through a Federal Community Services Block Grant (CSBG) and a grant from United Midcoast Charities, Head Start 4 Hunger not only benefits 127 individuals in Waldo County for 20 consecutive weeks with the meal kit program, but also offers the parents cooking and gardening classes, as well as opportunities to explore new places such as the farmers' market. There, parents can experiment with new flavors and recipes, incorporating healthy ingredients into their family's diet. The classes also help parents foster new relationships, which often lead to shared cooking and shopping tips that allow parents to stretch their food budget at grocery stores.

While Gerald carefully dices a red pepper as young Noah watches, Crystal sets the water boiling on the stove for the black bean chili meal. "We've made this recipe before and the kids love it," she said. "The last time I added chicken to it and posted the steps to making the chili on my Facebook page, which my other Head Start friends really liked."

On the refrigerator clamped by a magnet are laminated cards of past Head Start 4 Hunger recipes. "We've also made turkey tacos in which I've grated carrots and zucchini into the meat," said Crystal. "That gave us about six meals. My kids devoured it. I actually got them to eat zucchini," she said, laughing.

Crystal happily chats as she goes from kitchen table to stove, working on the meal. "Next week's recipe is vermicelli with tuna and chickpeas, which we haven't had yet," she said. "But the kids are happy to try everything. I try to cook really health-conscious meals. Anyone who comes to my home will tell you that. I try to give them tossed salad, vegetables, fresh fruit, and frozen fruit all week. If you can get young kids to eat this way as soon as they begin solid foods, they'll develop a liking for it. But, if you wait until they are two or three, you're not going to get them to eat fruits and veggies. They'll turn toward the junk food instead." Unlike other children who might be picky eaters, Gerald and Noah will eat everything that comes in the prepared meal kit.

"We had to take Gerald to a doctor in Boston last year because he was diagnosed with Functional Abdominal Pain Syndrome," she said. "He has to have really nutritious, high fiber foods and veggies, and so these meal kits the Head Start 4 Hunger project is providing him is exactly what he needs."

When the chili is done, the kids are invested, not only in the flavors, but because they helped to prepare it. Served into bowls, sprinkled with a little cheese, everyone sits down at the kitchen table to a hot, filling meal.

Any time a simple idea can translate into a program that keeps families healthy, together, learning and fueled up for a productive day, everyone wins—and that is exactly what Head Start 4 Hunger accomplishes.

-- Kay Stephens





**"WE AIM TO  
KNOCK DOWN  
WALLS WITH THIS  
PROJECT... TO  
OPEN UP FAMILIES'  
SCOPE OF  
POSSIBILITY."**



# WCAP 2017 SUMMARY OF SERVICES

PROGRAM	NUMBER SERVED	\$ VALUE OF SERVICES	SERVICE AREA
<b>MID-COAST PUBLIC TRANSPORTATION</b>	983,129 Waldo Vehicle Miles 1,183 Individuals	<b>\$1,520,584</b>	Waldo County
<b>MAINECARE NON-EMERGENCY TRANSPORTATION BROKERAGE SERVICES OUTSIDE WALDO COUNTY</b>	3,432,931 Vehicle Miles 4,560 Individuals	<b>\$3,576,903</b>	Knox, Lincoln, Sagadahoc Counties + Brunswick and Harpswell Municipalities
<b>HOME ENERGY ASSISTANCE (HEAP)</b>	1,812 Households 3,359 Individuals	<b>\$1,405,324</b>	Waldo County
<b>HEAD START AND EARLY HEAD START</b>	225 Households 273 Individuals	<b>\$2,562,993</b>	Waldo County
<b>HOUSING PROGRAMS</b>	189 Households 399 Individuals	<b>\$774,089</b>	Waldo County
<b>COMMUNITY SERVICE PROGRAMS</b>	92 Households 161 Individuals	<b>\$88,706</b>	Waldo County

## OTHER COUNTY-WIDE SERVICES

<b>HEAD START CHILD NUTRITION</b>	20,919 Meals	Waldo County
<b>CHILD AND ADULT CARE FOOD PROGRAM</b>	94,818 Meals	Waldo County
<b>LOW INCOME ASSISTANCE PROGRAM</b>	670 Households	Waldo County
<b>HOUSING COUNSELING</b>	144 Individuals	Maine
<b>SAFETY SEAT PROGRAM</b>	60 Car Seats	Waldo County
<b>CONNECTING KIDS TO COVERAGE</b>	48 Individuals	Maine
<b>HEALTH INSURANCE NAVIGATOR</b>	105 Individuals	Maine
<b>CASE MANAGEMENT</b>	99 Individuals	Waldo County

**OTHER COUNTY WIDE SERVICES TOTAL: \$693,289**

**GRAND TOTAL: \$10,621,888**

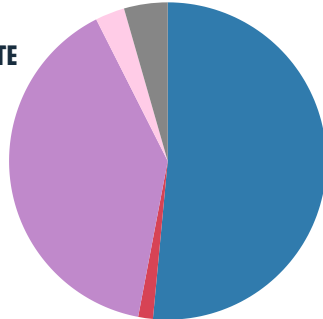
# WCAP 2017 FINANCIAL REPORT

REPORT PERIOD (JAN. 1, 2017 - DEC. 31, 2017)  
(UNAUDITED)

## REVENUES

(\$11,074,740)

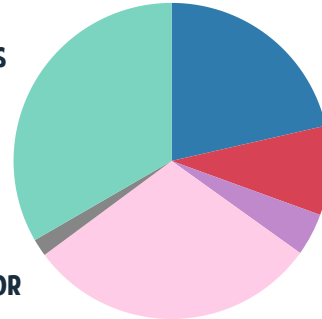
- FEDERAL/STATE/PRIVATE GRANTS
- CONTRIBUTIONS
- MEDICAID
- PROGRAM INCOME/FEES
- OTHER REVENUE



## EXPENSES

(\$10,612,944)

- COMMUNITY SERVICES
- HOUSING
- MID-COAST PUBLIC TRANSPORTATION
- OTHER SERVICES
- FAMILY SERVICES
- MID-COAST CONNECTOR



## UNAUDITED 2017

## AUDITED 2016

ASSETS	TOTAL	TOTAL
<b>CURRENT ASSETS</b>		
Cash and equivalents	\$1,006,418	\$881,064
Accounts and grants receivable	\$722,441	\$705,545
Loans receivable - deferred	\$1,500	\$1,500
Prepaid expenses	\$23,850	\$108,643
<b>Total current assets</b>	<b>\$1,754,209</b>	<b>\$1,696,752</b>
<b>FIXED ASSETS</b>		
Land	\$12,200	\$12,200
Buildings and improvements	\$300,558	\$277,558
Furniture and equipment	\$273,247	\$258,528
Vehicles	\$1,149,121	\$1,066,815
Less: accumulated depreciation	(\$1,014,264)	(\$902,236)
<b>Total fixed assets</b>	<b>\$720,862</b>	<b>\$712,865</b>
<b>TOTAL ASSETS</b>	<b>\$2,475,071</b>	<b>\$2,409,617</b>

LIABILITIES/NET ASSETS	TOTAL	TOTAL
<b>CURRENT LIABILITIES</b>		
Accounts payable	\$149,618	\$204,207
Accrued payroll & comp. absences	\$316,828	\$277,153
Short term debt	\$0	\$12,539
Deferred revenue	\$126,752	\$659,938
Other	\$5,495	\$4,756
<b>Total current liabilities</b>	<b>\$598,693</b>	<b>\$1,158,593</b>
<b>LONG-TERM DEBT</b>	<b>\$0</b>	<b>\$0</b>
<b>NET ASSETS</b>	<b>\$1,876,378</b>	<b>\$1,251,024</b>
<b>TOTAL LIABILITIES/NET ASSETS</b>	<b>\$2,475,071</b>	<b>\$2,409,617</b>





**WALDO COMMUNITY ACTION PARTNERS**  
**P.O. BOX 130**  
**BELFAST, ME 04915**

