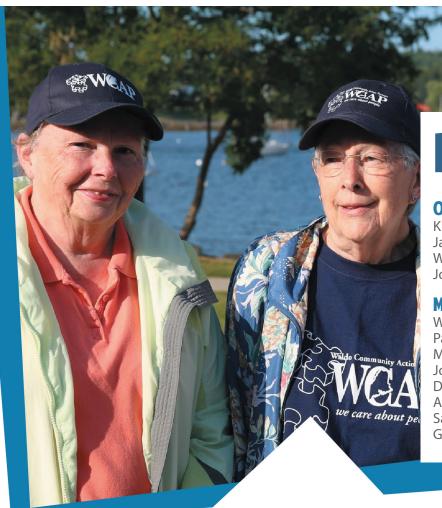


WALDO COMMUNITY ACTION PARTNERS ANNUAL REPORT





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CONTACT US



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MAILING ADDRESS

P.O. Box 130 Belfast, ME 04915



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9 Field Street, Suite 201 Belfast, ME



WEBSITE

www.waldocap.org



FACEBOOK

www.facebook.com/ waldocommunityactionpartners

LEADERSHIP TEAM

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WCAP 2019 ANNUAL REPORT

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"GIVING IS NOT JUST ABOUT MAKING A DONATION, IT'S ABOUT MAKING A DIFFERENCE"

Please join this list of donors who are making a difference in the lives of people in Waldo County.

LETTER FROM OUR BOARD CHAIR & CEO

Dear Friends, Supporters, and Community Members:

We are pleased to provide the Annual Report for Waldo Community Action Partners for our fiscal year ending December 31, 2019. In 2019, we continued to build strong foundations and focused on responding to community needs and improving our organizational infrastructure and procedures. Our report provides an overview of our key accomplishments and a summary of our financial health. We enjoyed a year of expanding partnerships which afforded us the opportunity to grow and respond to both agency and community needs.

Last year we provided key services to individuals and families throughout our catchment area of Waldo, Knox, Lincoln, and Sagadahoc counties. We provided heating and home repair assistance, early childhood education and family supports, critical need medical transportation, and public transportation services as well as food assistance. Additional well-known services included the Cinderella Project of Maine, Heroes for Hunger, and Head Start for Hunger.

We made an investment in our organization by adding a new Resource Development position within the agency to expand our grant writing capability which will enable us to respond to the growing and evolving community needs. We planned for and completed facility improvements by renovating and consolidating office space at our administrative office location and replacing the roof at our Searsport Early Child Program facility. We improved agency functions by implementing new payroll software, centralizing administrative functions, and planning for upgrades and improvements to our technology capabilities to drive efficiency across all our programs.

In the early part of the year, we successfully partnered with another area agency resulting in the expansion of our Early Childhood program to include 4 new classrooms adding an additional 48 pre-k slots for children in Waldo County. We added a Resource Advocate position to our service menu to offer case management services to individuals and families and started exploring ways to further implement the Whole Family model of service delivery. This model is designed to ensure that children and caregivers have a system of resources and support that will enable the entire family to craft their own goals leading to academic, economic, social, and physical well-being.

It was a year that provided us the opportunity to examine ways to improve our infrastructure and position us for the future. We focused on building and strengthening our foundations by investing in our staff, facilities, and procedures in order to better position us to meet the needs of our organization and the communities we serve in the coming years. We remain committed to finding ways to deliver quality services and advocate for improved access to resources for all our community members.

Our staff and volunteers are the strength of our agency. We rely on them every day, and we are profoundly grateful for all that they do on behalf of our organization, the individuals and families served, and our community. Thank you to our donors and funders, who provide us with the resources necessary to accomplish our work. To our Community Partners, with whom we work and collaborate to improve the lives of our clients and communities we offer sincere appreciation. We are thankful for our board, staff members, volunteers, funders, and valued community partners. With their help, there has been progress in making economic security, reliable transportation, school readiness, and health and well-being attainable for those living, working, and growing in our community. There is more work to be done in building strong families and communities and we look forward to doing it together in the coming year.

Thank you,

Donna M. Kelley, LCSW President & CEO

Kimberley J. Mitchell Board Chair

Deserve palace



"THERE IS MORE WORK TO BE DONE IN BUILDING STRONG FAMILIES AND COMMUNITIES AND WE LOOK FORWARD TO DOING IT TOGETHER..."

HOUSING & ENERGY SERVICES AT-A-GLANCE



1,598

LIHEAPIndividuals that received help with utility payments.

1,601

Fuel Assistance
Households that recevied fuel
assistance



HOMELESS HOUSEHOLDS RECEIVED TEMPORARY SHLETER

AFTER A ROUGH WINTER, WCAP HELPS GENTLEMAN MOVE INTO A NEW HOME

In the winter of 2019, when a polar vortex thrust much of the U.S. into record low temperatures, Belfast resident, Dana Bachelder noticed his furnace wasn't working properly. An elderly man with limited income, his options were few.

He didn't have a fireplace. So, he used several electric space heaters, but it was never warm enough. "It wasn't easy, believe me," he said.

Bachelder had lived in his mobile home for more than 20 years, but it had not had any maintenance or repairs during that time. Beyond the furnace issue, his roof was also rotting away with moisture coming through. In

addition to battling cancer, Bachelder's health began to decline in a constantly cold and damp house. That's when he knew he needed help. "I knew about Waldo CAP because they'd helped someone else in my mobile home park, so I called them one day hoping they could help me," he said.

"We first got the call from his oil vendor to check out his furnace, and it turns out, it was condemned," said Housing Auditor Joanie Heartquist. With Bachelder eligible for WCAP's Weatherization Program & Home Repair, it seemed an easy problem to fix—until the Home Repair crew found more issues.

"The oil tank was not up to code, so at first, we put the order in to replace the tank and the furnace," she said. "The more we got into the house, the more problems we kept finding. The floorboards were barely holding up the furnace; the ductwork inside the walls was all undone, and the roof jack that goes up through the ceiling was rusted out. It got to the point where it was too unsafe for our crew to even get up on the roof."

A new plan had to form. It's not something WCAP can often do, but Heartquist accessed two funding sources to purchase a new mobile home in the same park where Bachelder lived and paid for the old mobile home to be demolished.

Two months later Bachelder moved in to his brand new two-bedroom, two-bath home, conveniently a few doors down to his friends and neighbors.

"He never had a washer/dryer before, or a dishwasher," said Heartquist. "We also took care of a derelict water and sewer bill with the provision that his sister help manage his finances, so he could start fresh."

"I thought it was a gift from God," he said. "It's beautiful; it's new, not in bad shape like my old one was."

As for his health, his sister told Heartquist that today he is cancer-free.

"I haven't felt so good in a long time," said Bachelder.

Never expecting more than a fixed furnace, he credits the WCAP staff for being his personal angels. "I think they are beautiful," he said. "I very much appreciate everything from everyone there."

These days, he can sit out on his small deck, enjoy the weather, knowing he is secure and safe in a place that is up to code.

"I'm hoping sometime this summer I can find a girlfriend," he said with a laugh.

- Kay Stephens



EARLY CHILDHOOD AT-A-GLANCE



A LIFELINE FOR A DISPLACED MOTHER AND HER DAUGHTERS

Three years ago, an unexpected trauma tore away the life Lyndsey McGowan and her two young daughters had previously known. Her partner and the children's father passed away, leaving her suddenly alone, a single parent, with limited financial resources. Bearing the responsibility of raising two children, McGowan had to make the move from Holden to Searsport into her father's house as a temporary solution.

With her older daughter, Mackenzie enrolled in kindergarten, her youngest, Daphne, three at the time, needed daycare while Lyndsey looked for work.

"I got Daphne into the Pre-K program at WCAP's Early Childhood Program and from there, my world opened up," said McGowan. Still stricken by her own loss, she was additionally dealing with her daughters' loss of their father, as well as now being in a new town and knowing no one. "I was trying not to let this devastate us."

Even though separation anxiety for Daphne was evident for awhile, the three-year-old quickly warmed to the Pre-K teachers.

"I can't even stress enough how amazing the teachers are," said McGowan. "They kept Daphne on track and a supervisor kept me on track. They came to my house, asked me what I needed, helped me get my resume organized and put out feelers to the community to get me work connections."

Feeling embraced by the WCAP Pre-K community, McGowan wanted to also give back. "I started to get involved in the community, volunteering with WCAP on the Policy Council," she said. "The girls and I got up super early to help with the Christmas basket project and they just loved it. And the Pre-K community project was another big thing for them. We grew flowers and gave them to some residents at the nursing home in Searsport and hung out for a couple of hours. Daphne sat one woman's lap just talking with her and let her nails get painted. She loved it—still talks about it."

"I fell in love with the community here," she added. "Going through all of that horrible trauma, especially with little ones, I didn't know how amazing Head Start would be for my family. It was so much more than a school. They bent over backwards to help my family and to help me get my life in order."

Today, even though Daphne has advanced to kindergarten, McGowan still has lasting connections to the Early Childhood Program and Head Start and still pops by from time to time. "Every time I'd see one of the teachers, they'd ask how my Dad was and how the kids were doing."

With WCAP as her initial safety net, McGowan has gained her balance, along with a new community and friends, something she is profoundly grateful for. "Now, I work at athenahealth full time and am looking to buy a house," she said

Looking back on where she was three years ago to today, she said, "Because of their Early Childhood program, I felt like I wasn't alone. I can't get over how gifted those teachers were."

- Kay Stephens

PERCENTAGE OF CHILDREN MEETING SCHOOL READINESS GOAL

Data shows that children come in below the widely held expectations for their age group at the beginning of the school in the fall and by spring are making gains to meet or exceed expectations for their age group. The data here shows the percentage of children at the end of the 2018-2019 year that were meeting the School Readiness goal in each domain compared to widely-held expectations for their age group.

CENTRAL DOMAIN	SCHOOL READINESS GOAL	PROGRAM	%
Approaches	Demonstrates a desire to learn and is flexible and creative in approaching tasks until completed.	Head Start/Pre-K	93.33%
to Learning	completed.	Early Head Start	93.33%
Social and Emotional	Demonstrates increasing capacity to recognize and regulate emotions, attention, impulses and behavior.	Head Start/Pre-K	90.74%
Developement		Early Head Start	93.75%
Language and Literacy	Utilizes increasingly complex vocabulary to express ideas and needs, to converse with others and to gain understanding of print concepts/materials.	Head Start/Pre-K	85.19%
		Early Head Start	86.11%
Cognition	Demonstrates the ability to associate quantities and the names of numbers. Increases ability to	Head Start/Pre-K	87.78%
Cognition	actively construct new knowledge and ideas based on past experiences and applies this knowledge to new learning.	Early Head Start	83.33%
Perceptual, Motor,	promote healthy and sale habits demonstrated	Head Start/Pre-K	95.56%
and Physical by increased knowledge of healthy practices. Development	Early Head Start	96.76%	



EARLY CHILDHOOD ANNUAL REPORT

Each Head Start agency must make available to the public an annual report that discloses the following information from the most recently concluded fiscal year (September 1, 2018 to August 31, 2019):



TOTAL AMOUNT OF PUBLIC AND PRIVATE FUNDS RECEIVED:

State DHHS Revenue	\$245,464
State CACFP & Child Nutrition	\$220,430
Federal Head Start	.\$1,567,249
Federal Head Start Training	\$20,495
Unrestricted	\$64
Unrestricted	
	\$569,200

No audit findings disclosed that are required to be reported in accordance with Circular A-1-33, Section 510(a). WCAP's Early Childhood Program received no Federal Head Start or Early Head Start reviews during the 2018-2019 year.

WCAP qualified as a low-risk auditee.

In 2018-19, WCAP's Early Childhood Program gained **\$0** in State funds.

13.9% of Federal Head Start funds were used to support administrative services.

86.1% were used to support direct services for development programming.

Total number of individuals served:

138 Head Start children52 Pre-K eligible children63 Early Head Start children8 Early Head Start pregnant women

Total number of families served:

131 Head Start families **49** Early Head Start families

Average monthly enrollment: **90%** Head Start children **87.7%** Early Head Start children

PROPOSED FEDERAL HEAD START & EARLY HEAD START BUDGET FOR PROGRAM EXPENDITURES YEAR 2018-19

Salaries	\$1,179,501
Fringe	\$413,179
Travel	\$2,050
Equipment	\$3,935
Supplies	\$47,134
Contractual	\$37,532
Other	\$158,132
T&TA	\$35,406
Indirect Cost	\$259,008
Total Expenses	\$2,135,877

WCAP HEAD START CHILDREN SERVED BY ELIGIBILTY CRITERIA

	HS	EHS
INCOME ELIGIBLE	60%	70%
PUBLIC ASSISTANCE	7%	11%
FOSTER CARE	1%	0%
HOMELESS	1%	3%
100-200% OF POVERTY	30%	16%



Percentage of Head Start children who have continuous accessible dental care provided by a dentist:

92% of Head Start children49% of Early Head Start children13% of Early Head Start pregnant women

It is through our strong partnerships with our dedicated staff and RSU's #3, #20, and #22 that we are able to succeed.

WCAP Head Start has an equally strong partnership with parents. Families are invited to participate in parent groups, Policy Council, the HS/EHS Health Advisory Committees, and the self-assessment process. They are encouraged to participate in their child's education by volunteering in classrooms, their home (for our home based EHS program), in the centers' kitchens, and on field trips.

Last year's total number of volunteer hours was: **3,999**. This was achieved by **198** volunteers in all.

100% of families engaged in some aspect of their child's Head Start or Early Head Start experience.



Percentage of Head Start children with an ongoing source of continuous, accesible health care:

99% of Head Start children87% of Early Head Start children100% of Early Head Start pregnant women



35% of trips were for a day program

19% of trips were for addiction treatment

16% of trips were for behavioral health

Transit Systems provided mileage reimbursement for **42,380 trips**

203,710 trips were completed

11,503 trips were competed by Volunteer Drivers



TRANSIT SYSTEMS \$7,991,722

3,876,295 miles were traveled



1,601
households
received Fuel
Assistance

249 families

received housing services from Weatherization, Central Heating Improvement Program, and Home Repair



HOUSING & ENERGY SERVICES \$2,836,034

136 heating systems were repaired or replaced

households received assistance with their electric bill

COMMUNI1

pa in u clas of Star 198
volunteers
donated 3,999
hours to the
Early Childhood
Program

children were supported by the program's mental health consultant

253 (100%)
children received
early childhood
education and
showed increased
school readiness
skills



25,266 meals and snacks were served

2,785

individuals



EARLY CHILDHOOD \$3,331,285

The Early
Childhood
Program had
92% attendance
during the
2018-2019
school year

19 TY IMPACT

individuals articipated nutritional sses as part four Head t for Hunger program



received **food boxes** for the
Holidays

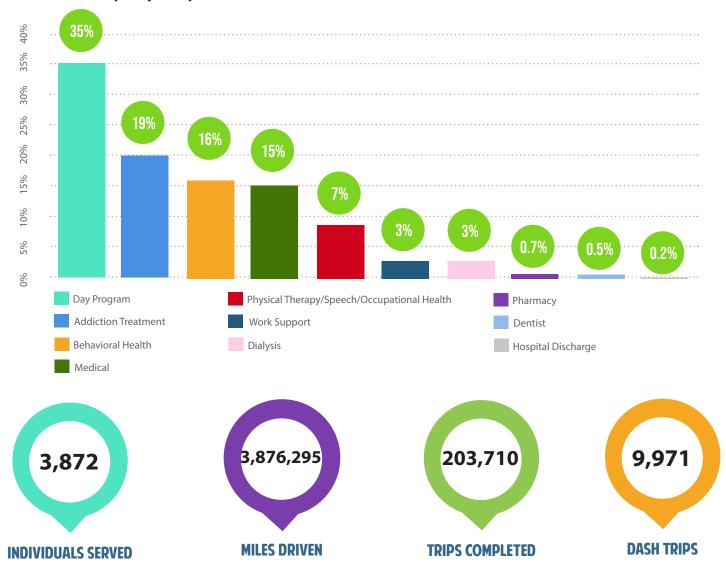
COMMUNITY \$78,924

188
school-age
children
received free
school
supplies

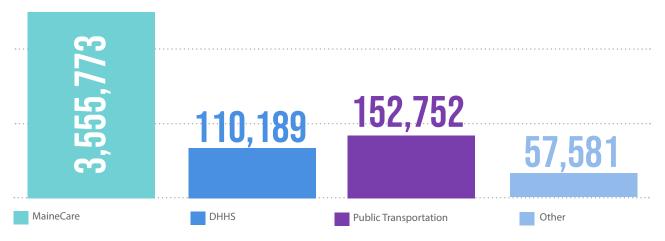
273 high school students received a free prom dress from the Cinderella Project of Maine Neighbor for Neighbor partnered with 56 local organizations and provided 444 families with Christmas Gifts

TRANSIT SYSTEMS AT-A-GLANCE

MaineCare Trips by Purpose, 2019



Miles Traveled By Funder, 2019



DASH SHUTTLE DRIVES ROCKLAND WOMAN TO PURSUE HER COLLEGE DEGREE

Without a driver's license, Chelsea Kidd, 30 from Rockland, sidewalks are covered. I was already nervous about the found getting around Rockland for basic errands very difficult—especially in the winter months.

"When you're in a rural place like Maine, there's not a lot of options to getting around," she said.

Taxis and depending on friends for rides both had their downsides. "Cabs are expensive and as for friends, you can only ask for rides so many times, but, that can get embarrassing," she said.

One day, while out walking in Rockland, a maroon bus caught her attention. That's how she learned of the Downtown Area Shuttle (DASH) a shuttle-style bus service that WCAP has made available to the public in both Belfast and Rockland.

"I've always enjoyed public transportation and wanted something like that in this area for so long," she said. With a 10-year-old son in tow, Kidd began frequently using DASH for grocery shopping, medical, and dentist appointments and to visit friends, but it took a pivotal meeting with a college advisor for her to realize that the DASH shuttle could be more than just a daily convenience—it could be her ticket to a college degree.

"When I saw the route that could take me from my house to the University of Maine in Rockland, I started thinking how easy it would be to get there," she said. "It's a halfhour walk, but that's impossible in the winter when the

idea of going back to school, asking myself, 'could I handle it?' But, then, just knowing that the DASH would always be dependable —it just was like the stars aligned."

Kidd used DASH initially to go to the university and check out classes she didn't even know were available locally. In the spring of 2019, she began working toward her college degree in Interdisciplinary Studies with the goal of graduating in 2021.

For Kidd, the experience of riding to her classes on the DASH shuttle was both pleasant and comfortable, which helped ease her anxieties.

"I was able to use the bus to meet up with friends to study and I didn't have to depend on anyone to get a ride," she said. "The drivers were really friendly, flexible and upbeat. It was so nice to talk to them. We became sort of a riding community."

Trying new things outside of her comfort zone, whether it was taking a bus for the first time or earning a college degree —that's what has spurred Kidd's personal growth.

"I'm able to do a lot of things now due to DASH; it has been nice to have freedom to go where I want," said Kidd. "Even when I do get my license, I want to still take the DASH just to support the people who make it happen."

- Kay Stephens

"...JUST KNOWING **THAT THE DASH WOULD ALWAYS BE DEPENDABLE** —IT JUST WAS **LIKE THE STARS ALIGNED.**"



BOARD AND COMMUNITY AT-A-GLANCE



LOOKING BACK ON A DECADE OF SERVICE TO WCAP WITH BOARD MEMBERS ELLIE AND MICHAEL WEAVER

Ellie and Michael Weaver, former WCAP board members for 11 and 13 years respectively, have a lot of memories of their time in the red and white building. While every board member position requires many hours of a person's time and expertise, both are proud to have served.

The couple, who live in Waldo County, has always been deeply invested in this community. Prior to their tenure at WCAP, they started volunteering on the People for People board, the predecessor of WCAP's signature Holiday Boxes projects [now renamed WCAP's Heroes 4 Hunger Food Box Project].

The Weavers played to their strengths during their time at WCAP. Ellie, a school nurse at RSU 71 for many years, has always been dedicated to the needs of children and acted as a liaison between the school system and WCAP's Head Start. "We frequently identified children who needed food, clothing, families who needed heating assistance and health care," she said. "Waldo CAP was the anchor for that."

For Michael, a Registered Nurse, the need to keep the agency sustainable was his main focus. "When I first took a role on the board, we were receiving federal grants, and

I think there was a time we were on the verge of collapse because we couldn't generate enough revenue to be self-supporting," he said. "So, that was our big challenge all of the time. For many years I was on the Executive Committee, which was tasked with how to distribute the grant money. That, and deciding what direction we felt what was best for WCAP."

"When we first started, the three major programs WCAP oversaw were Head Start, Transportation, and the Holiday Box projects," said Ellie. "The Holiday Box project was also always huge for me, and we're both still involved with that every year."

The Weavers were integral at the ground level of what WCAP's Transportation program has become today. "Back then, we just had a handful of volunteer drivers in the Belfast area to help with people's medical needs," said Ellie. Today, the program includes general public transportation in Waldo, Knox, Lincoln and Sagadahoc counties, as well as Brunswick and Harpswell and the Mid-Coast Connector, which provides rides for Mainecare

members to medical appointments.

'That's a huge piece of what WCAP does now and we're very proud of our work with it," said Ellie. "It was a real financial risk when they first started this program, and today, it's the most viable program, a cornerstone of the CAP agency that allowed it to finally be self-sustaining, so it's gratifying to see how well it has served Maine communities."

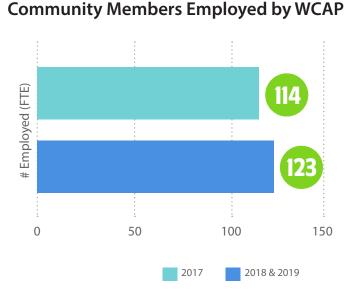
Though the couple has retired from the WCAP board, they are still actively involved in the Waldo county communities through volunteerism and financial support.

Ellie is quick to acknowledge that the personnel side of WCAP is what made their jobs as board members easier. "One of he biggest things we did with committee work was to hire really good people," she said. "And everyone we've worked with has been so dedicated and excellent in what they do—that's where the strength of Waldo CAP is and why it is surviving today."

- Kay Stephens







WCAP 2019 SUMMARY OF SERVICES

PROGRAM	NUMBER SERVED	\$ VALUE OF SERVICES	SERVICE AREA
TRANSPORTATION SERVICES	3,876,295 Vehicle Miles 5,119 Members Transported	\$7,991,722	Region 5, Waldo, Knox, Lincoln, Sagadahoc Counties + Brunswick and Harpswell Municipalities
HOME ENERGY ASSISTANCE (HEAP)	1,785 Households 3,312 Individuals	\$1,697,351	Waldo County
EARLY CHILDHOOD PROGRAMS	255 Individuals	\$3,331,285	Waldo County
HOUSING PROGRAMS	186 Households 320 Individuals	\$1,138,683	Waldo County
COMMUNITY SERVICE PROGRAMS	1,326 Households 3,327 Individuals	\$78,924	Waldo County

OTHER COUNTY-WIDE SERVICES		
HEAD START CHILD NUTRITION	25,266 Meals	Waldo County
CHILD AND ADULT CARE FOOD PROGRAM	100,078 Meals	Waldo County
LOW INCOME ASSISTANCE PROGRAM	670 Households	Waldo County
HOUSING COUNSELING	283 Individuals	Maine
SAFETY SEAT PROGRAM	56 Car Seats	Waldo County
HEALTH INSURANCE NAVIGATOR	269 Individuals	Maine

OTHER COUNTY WIDE SERVICES TOTAL: \$323,344

GRAND TOTAL: \$9,965,541

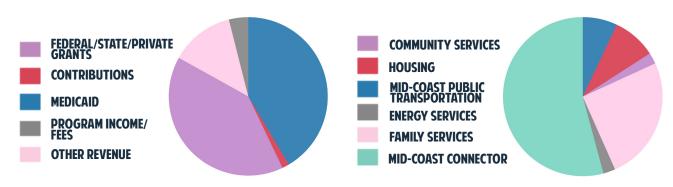
WCAP 2019 FINANCIAL REPORT

REPORT PERIOD (JAN. 1, 2019 - DEC. 31, 2019)
(AUDITED)

REVENUES (\$14,173,534)

EXPENSES

(\$13,487,204)



AUDITED 2019

AUDITED 2018

ASSETS	TOTAL	TOTAL
CURRENT ASSETS		
Cash and equivalents	\$1,715,032	\$703,290
Accounts and grants receivable	\$858,666	\$1,012,677
Loans receivable - deferred	\$0	\$0
Prepaid expenses	\$62,123	\$100,831
Total current assets	\$2,635,821	\$1,816,798
FIXED ASSETS		
Land	\$12,200	\$12,200
Buildings and improvements	\$465,473	\$324,648
Furniture and equipment	\$316,951	\$295,689
Vehicles	\$1,660,255	\$1,549,998
Less: accumulated depreciation	(\$1,525,405)	(\$1,205,028)
Total fixed assets	\$929,474	\$977,507
TOTAL ASSETS	\$3,565,295	\$2,794,305

LIABILITIES/NET ASSETS	TOTAL	TOTAL
CURRENT LIABILITES		
Accounts payable	\$349,205	\$303,832
Accrued payroll & comp. absences	\$395,179	\$331,672
Short term debt	\$3,180	\$2,999
Deferred revenue	\$322,351	\$356,769
Other	\$0	\$1,738
Total current liabilities	\$1,069,915	\$997,010
LONG-TERM DEBT	\$11,027	\$14,194
NET ASSETS	\$2,484,353	\$1,783,101
TOTAL LIABILITIES/NET ASSETS	\$3,565,295	\$2,794,305

"HELPING PEOPLE, CHANGING LIVES"



A Waldo County renter household earning the median income cannot afford the averge 2-bedroom apartment without spending 30% of their income.



Food insecurity in Waldo County affects nearly 1 in 7 residents, with the cost of food and proximity to food stores in the region.



Maine spends 86 cents per peson annually for public transportation. That is 37th among all states, and is below every other state in New England.

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