



Waldo Community Action Partners

WCAP

we care about people

ANNUAL REPORT

2013

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CONTENTS

Board of Directors & Staff.....	2
Executive Director's Note.....	3
Volunteer of the Year.....	4
A Link to the World.....	5
Hit the Ground Running.....	6
Head Start Annual Report.....	7
School Readiness Report.....	9
Life Start.....	11
More than a Dress.....	13
From Pickles to Capes.....	15
Financials.....	17



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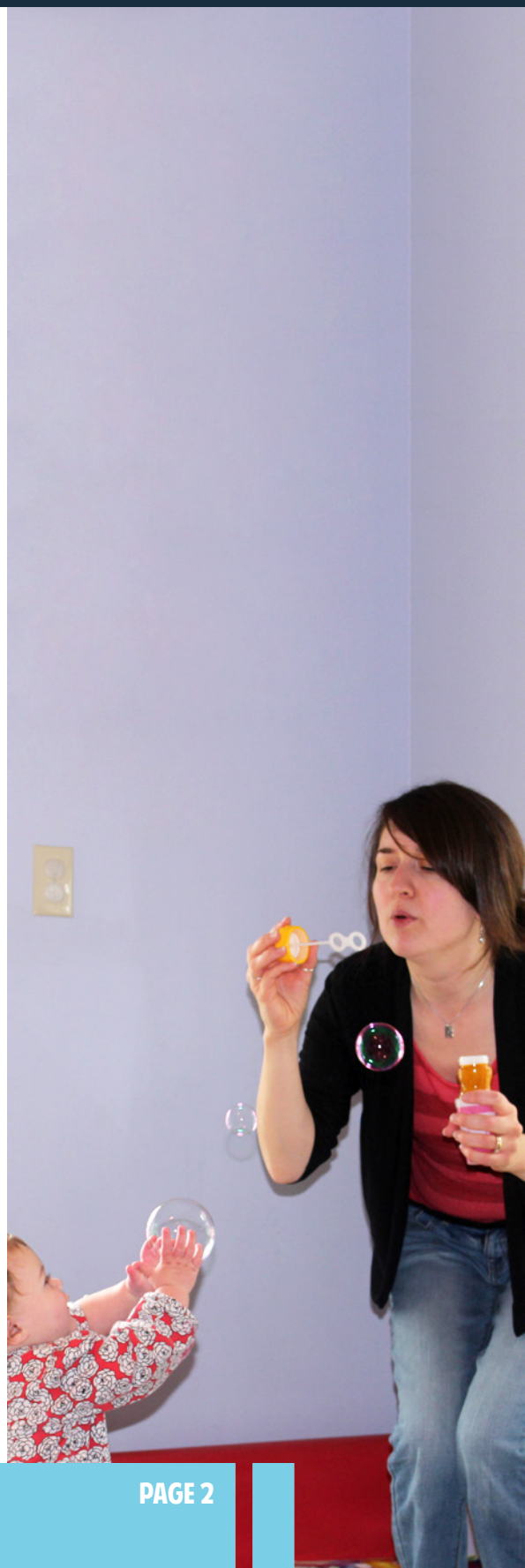
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Linda Bright
Kitty Doughty
Linda Dudley

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Lucille Salisbury
Elaine Saucier
Darlene Sylvester





Executive Director, Keith Small, assisting with the 2013 Heroes 4 Hunger and People for People Christmas Food Box Project.

A NOTE FROM THE EXECUTIVE DIRECTOR

The federal budgeting process has caused 2013 to be quite a rollercoaster ride for Waldo Community Action Partners. Near the very end of 2012, the fiscal cliff, a term that sprung from the Budget Control Act of 2011, was delayed from January 1, 2013 to about March 1. The Continuing Resolution for the 2013 federal budget was due to expire March 27. The Debt Ceiling was due for additional action by May 18. The effect of these federal budget actions caused the "sequester" for FY 2013 to go into effect which meant a loss of funds for WCAP Head Start, Early Head Start, Weatherization, and a number of community programs. Then the debate on the 2014 federal budget began which lead to the government shutdown in October. The year ended on a high note however, with the 2014 budget deal signed into law late in December 2013. The 2014 budget restored most of the 2013 "sequester" funding cuts to WCAP.

2013 was also a year of change for the Waldo County Transportation Program (WCTP) when the brokering of MaineCare rides was transferred from WCAP to an out-of-state organization as part of a state-wide switch to third party transportation brokers. These changes lead to confusion for MaineCare members, health care providers, and to WCTP. Calls were not answered or dropped, rides went unassigned altogether or assigned to multiple providers at once. Through these months of confusion and poor service by the

out-of-state broker, WCTP staff stepped up to answer calls, verify trips and maintain the high level of good customer service that MaineCare members had come to expect from us. Even with the extra effort put forth by our staff, a number of MaineCare members didn't get the rides they needed. Although the cause of these problems was out of our control, as executive director of Waldo Community Action Partners, I truly regret the difficulties endured by MaineCare members as they sought out transportation to their medical appointments.

Even though the federal budget process and the MaineCare transportation brokerage changes have caused great challenges to WCAP in 2013, we have experienced many high points as well. WCAP is very fortunate to be aided by hundreds of Waldo County volunteers including a very dedicated Board of Directors. WCAP experienced a successful Head Start and Early Head Start triennial review from the Federal Office of Head Start and we opened our first Early Head Start classroom. We are pleased to be part of a state-wide consortium of Health Care Marketplace "Navigators". Lastly, Waldo County government, municipalities, and dozens of individuals have generously contributed over \$150,000 to provide transportation, energy assistance, weatherization, Head Start and Early Head Start programs, food, and many other services to over 3,000 Waldo County families.



VOLUNTEER OF THE YEAR

Chris Fleming was volunteering on a Head Start playground when she was approached by a WCAP staff member and the Head Start teacher who nominated her for this award. She couldn't have been more humble when she was informed of her nomination and her win for WCAP's Volunteer of the Year Award. It was clear from the very beginning that her decision to volunteer for Head Start was not with the intent of becoming a super star or winning any accolades. In fact, it was all for a little blonde-haired girl who calls her "GiGi" instead of Grandma.

Her granddaughter is just one of ten grandchildren, only seven of which live in the area - and Chris remembers well the days she volunteered in a Head Start classroom 22 years ago when her granddaughter's mother went to Head Start too. "There were a lot more volunteers in the classroom back then. I'm really surprised more parents don't volunteer to be in the classrooms with their kids," she shared during her interview.

For Chris, the decision to volunteer was an easy one. Her granddaughter was experiencing separation anxiety, so it made sense for her to stay and help in the classroom. Though, getting there every day has not always been

easy. Regardless of her medical condition, Chris says she hasn't had to miss many school days. She is there whenever the kids are there, four days a week and four hours a day.

She rides the WCAP bus over every morning with her granddaughter, who makes sure she's up and ready by reminding her. "Gotta get dressed! The bus will be here soon!" Chris recalled her granddaughter often saying if she wasn't ready to go by the time the little girl arrived.

So, when asked what keeps her coming back every day, Chris of course said her granddaughter and the rest of the kids. However, while Chris attributes her dedication to the children, it is evident that she has a long history of dedication to helping people, both young and old.

Her decision to become a volunteer started over 30 years ago, when she co-founded a soup kitchen. From there, she co-founded People for People, an organization that provides boxes of food to families for the holidays. Now, she's logged almost 300 hours in the Head Start classroom - which is what makes this year's Volunteer of the Year humble yet mighty.

A LINK TO THE WORLD

An article by an anonymous WCAP client:

"I've been fortunate enough to be a customer/client of Waldo County Transportation (WCT) for over 8 years now. I have been a witness of Head Start children reluctant to leave "the bus" [van] until "the wheels on the bus go round and round" song has been fully completed. I have been witness to elderly neighbors looking forward to grocery shopping (Shopper's Run) and YES, perm day at Makin' Waves Salon.

Personally, WCT has been my only transportation to doctor's appointments, medical treatments, and even surgery at Massachusetts General Hospital. For a brief moment in time, you are like everyone else, treated with dignity, respect, kindness, and even loved.

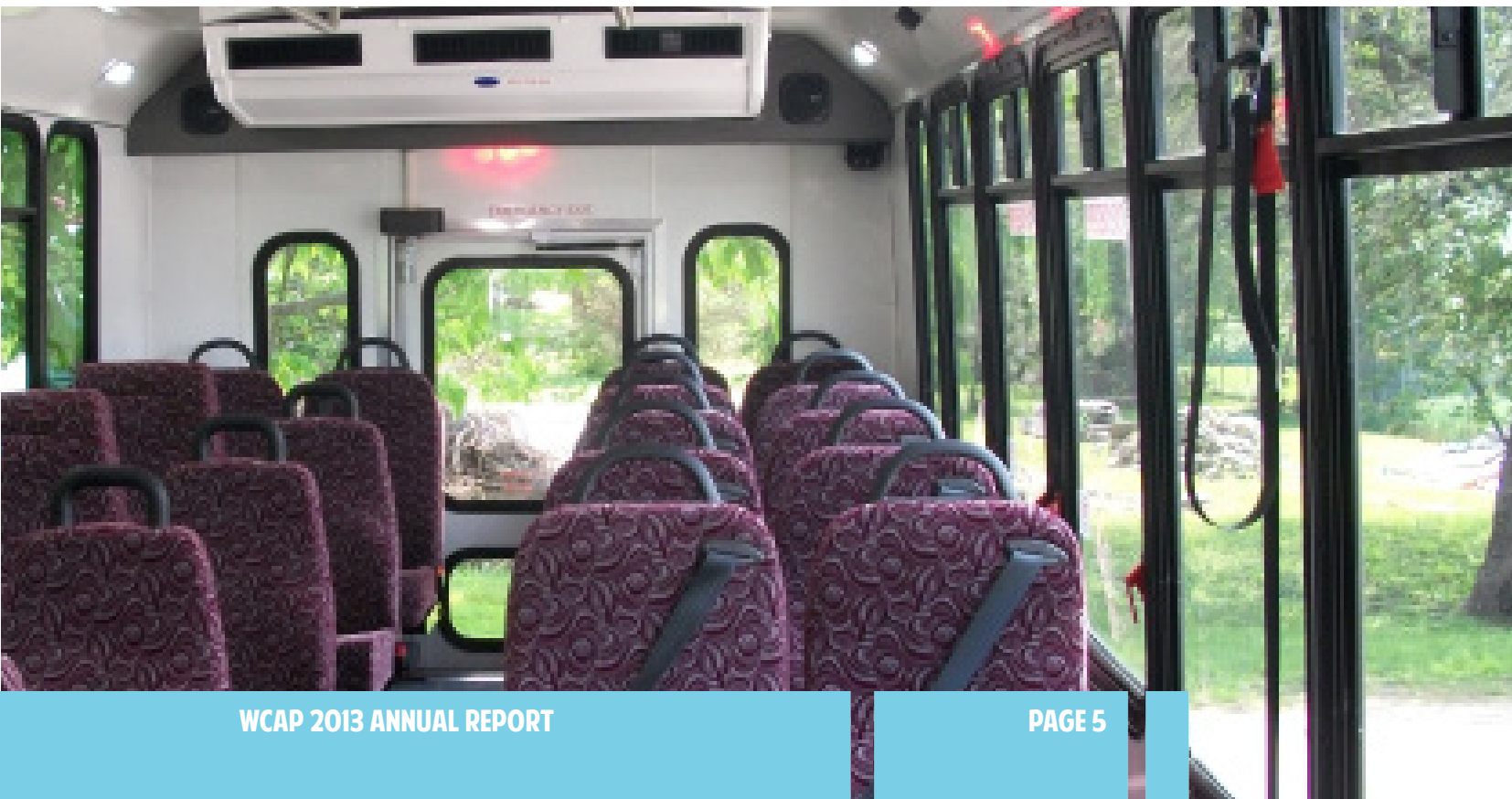
These outings may seem insignificant to most but to US, it's everything. To say "I don't know what I would do without them" is vastly understated. From start to finish, the office staff keeps track of you – from point A to point B and everywhere in between. They know their clients limitations, disabilities, and ages. The drivers do more than drive. They have been known to aide a client from their doorstep, across the ice, to the safety of their seat, or lug a few grocery bags to your door.

How do you put a value on medical treatment? How do you value the attending of a friend's 50th birthday party? Or hugging your sister and your 3-day-old niece? You see these gifts in time are what makes life livable and enjoyable.

Shopper's Run for groceries. Medical mileage reimbursement for treatments. Volunteer drivers for long hauls out of state to hospitals. Ride with Pride to visit old friends, family, and attend church services. Imagine for one moment, if you will, what it is like to worry about getting groceries this week, or picking up your medicine at the pharmacy? Wondering how you are going to get to your doctor's appointment, or keeping in touch with friends and family. These gifts are worth more than gold, silver, and platinum.

Words can't begin to express what WCT means. What they do, have done, and continue to do today. Thank you doesn't begin to express my gratitude. Without this link to the world, the "little things" would be huge and the "big things" would be gone.

So from the office staff to the bus drivers, thank you for making life livable and most importantly, enjoyable. My link to the world, thank you. "





HIT THE GROUND RUNNING

For 33 years, Elaine Saucier worked in a potato factory. That's 24,024 trips to and from home, 12,012 lunch breaks, and 68,640 hours on the clock. For 33 years, this was her life. Then, one day, Elaine had to have a double knee replacement. The cement floors, cold temperatures, and staircases of the factory she had spent approximately 70% of her adult life in up to that point was no longer accessible to her. At 63 years old, her life had become a blank slate.

Too young to retire and without the financial means to do so, she knew she needed to find a way to reenter the workforce somehow. Her skills were limited to those she acquired as a Quality Control Manager at the potato factory and her physical limitations needed to be taken into account too. She recalls sitting in a job interview for an office job in a large for-profit company, scared to death. "All I could think was get me out of here," she shared during her interview. "It wasn't for me."

A speech impediment was one of the largest contributing factors to Elaine's fear of working in an office. She didn't see how she would ever be able to communicate clearly or adapt to that sort of work environment when she wasn't used to it.

To pass the time, Elaine signed up to be a volunteer driver at Waldo Community Action Partners, transporting low-income individuals in her own vehicle to wherever they needed to go. In doing so, she shifted away from worrying about the quality of a product to worrying about the quality of someone's life.

She spent hours at a time in the car with clients, which allowed her the opportunity to communicate more and more. It also led her to the Senior Community Service Employment Program (SCSEP), which WCAP was running at that time. Elaine had the opportunity to take an office job in the agency's fuel assistance office and she took it because of her familiarity with the agency.

Elaine had to hit the ground running but attributes her time spent as a volunteer driver to her success in overcoming her speech impediment and learning to handle the phone system. She now works as a Customer Service Representative for the agency's Transportation program, 9 years later, and says that working for WCAP has helped her transition into a new field of work and also into a more positive lifestyle. "I'm happier now," she said. "I was given an ability to communicate that I didn't know I had before."



HEAD START ANNUAL REPORT

Each Head Start agency must make available to the public an annual report that discloses the following information from the most recently concluded fiscal year (September 1, 2012 to August 31, 2013):

TOTAL AMOUNT OF PUBLIC AND PRIVATE FUNDS RECEIVED AND THE AMOUNT FROM EACH SOURCE:

State DHHS Revenue	\$71,154.00
State CACFP & Child Nutrition	\$202,319.52
HMP Grant	\$160.28
Let's Go Grant	\$492.05
Miscellaneous Revenue.....	\$3,189.18
Sale of Vehicle Revenue	\$8,016.25
Federal Head Start	\$1,131,098.00
Federal Head Start Training	\$20,495.00
Town Funding	\$22,780.43
In-Kind – Head Start	\$278,306.08
Federal Early Head Start	\$596,427.71
Federal Early Head Start Training	\$14,911.00
FHB Foundation	\$7,500.00
JTG Foundation	\$12,500.00
In-Kind –Early Head Start	\$50,886.82

In 2012, WCAP Head Start lost **\$141,354.00** in State funds.

Total families served:
140 in Head Start
71 in Early Head Start

Total number of individuals served:
140 Head Start children
57 Early Head Start children
14 Early Head Start pregnant moms

Average monthly enrollment:
133 Head Start children
50 Early Head Start children

% enrolled who were income eligible:
95% of Head Start children
90% of Early Head Start children

14.45% of Federal Head Start funds were used to support admin. services. **85.55%** was used to support direct services for development programming.

14.43% of Federal Early Head Start Funds were used to support admin. services. **85.57%** were used to support direct services for development programming.

Results of the most recent financial audit:
• **No audit findings** disclosed that are required to be reported in accordance with Circular A-1-33, Section 510(a)
• WCAP qualified as a **low risk auditee**



Percentage of enrolled children who received medical exams:

95% of Head Start children

100% of Early Head Start children

100% of Early Head Start pregnant moms

Percentage of enrolled children who received dental exams:

87% of Head Start children

100% of Early Head Start children

100% of Early Head Start pregnant moms

It is through our strong community partnerships with Broadreach and SAD's #3, #20, and #22 that we are able to succeed.

WCAP Head Start has an equally strong partnership with parents. Families are invited to participate in parent groups, Policy Council, the HS/EHS Health Advisory Committees, and the self-assessment process. They are encouraged to participate in their child's education by volunteering in classrooms, their home (for our home based EHS program), in the centers' kitchens, and on field trips.

Last year's total number of volunteer hours was:

10,306.00 (HS **5,152.75**; EHS **3,268.75**)

This was achieved by **297** (HS **229**; EHS **68**) volunteers in all.

2012-2013 WCAP HEAD START POLICY COUNCIL

Belfast Programs BHSC & FSOC:

Jason Moody, Voting
Kristy Sprague, Voting

Searsport Program:

Natalie Zutter Voting
LeAnne Hosea, Voting

Unity Programs UHSC, UPRK, EHS & U-ECIP:

Emily McCormick, Voting
Charity Vines, Voting
Rebecca Greenleaf, Voting
Ashley Quimby, Voting
Loretta Gilley, Alternate
Merrily Stevenson, Alternate

Mill Lane Programs - EHS Center Based & BR ECIP Collab Classroom:

Carly Mercer, Voting

Leroy Smith Pre-K Program:

Ashley Butler, Voting

Drinkwater Program:

Nicole Hesse, Voting

Community:

Jessica Woods, Voting
Amanda Shorey, Voting
Wesley Neff, Voting
Heather Perry, Voting
Tera Kennedy, Voting
Jill Barnes, Voting



SCHOOL READINESS

WCAP HEAD START / EARLY HEAD START SCHOOL READINESS STATEMENT:

To fully support children and families to be school ready and to set the stage for future successful learning experiences.

All Head Start programs are required to develop School Readiness Statements and five School Readiness goals. WCAP Head Start / Early Head Start hosted multiple events to create many opportunities for input. It was important that our goals reflected the expectation and desires of our stakeholders. Groups that participated in the data collection included parents, staff, WCAP Board of Directors, WCAP Policy Council, R.S.U. #20, S.A.D. #3, S.A.D. #22, Child Development Services, Broadreach Child & Family Services, and members of our Health Advisory groups.

HEAD START ESSENTIAL SCHOOL READINESS GOALS

1 APPROACHES TO LEARNING

Demonstrates a desire to learn and is flexible and creative in approaching tasks and is able to persist with tasks until completed.

2 PHYSICAL DEVELOPMENT & HEALTH

Engages in learning experiences/activities that promote healthy and safe habits demonstrated by increased knowledge of healthy practices.

Gross Motor Skills:

Demonstrates the ability to control large muscles for movement, navigation and balance.

Fine Motor Skills:

Demonstrates the ability to control small muscles for such purposes as using utensils, self-care, building and exploring.

3 COGNITION & GENERAL KNOWLEDGE

Increases ability to actively construct new knowledge and ideas based on past experiences and applies this knowledge to new learning experiences / problem-solving opportunities.

Mathematics:

Demonstrates the ability to associate quantities and the names of numbers with written numerals.

4 LANGUAGE & LITERACY

Utilizes increasingly complex vocabulary to express ideas & needs, to converse with others and to gain understanding of print concepts /materials.

5 SOCIAL & EMOTIONAL DEVELOPMENT

Demonstrates increasing capacity to recognize and regulate emotions, attention, impulses and behavior

EARLY HEAD START ESSENTIAL SCHOOL READINESS GOALS

1 LANGUAGE & LITERACY

Children will increase their verbal and non-verbal communication skills & expressive vocabulary by engaging in intentionally planned experiences that encourage them to express feelings & needs and engage in turn-taking, meaningful conversations. Children will engage in print rich activities and explore books to gain an understanding of basic concepts related to these experiences.

2 PHYSICAL DEVELOPMENT & HEALTH

Children will develop early healthy habits which support physical & emotional well being; active use of their bodies; large and small muscle control; appropriate nutrition; hygiene and safety practices. Children will increase their ability to display self-care tasks.

3 COGNITION & GENERAL KNOWLEDGE

Children will demonstrate an increased ability to construct knowledge and ideas based on past experiences and connect these learning experiences to new learning situations/problem-solving opportunities.

5 SOCIAL & EMOTIONAL DEVELOPMENT

Children will demonstrate increased skills in their ability to foster and sustain secure attachments with adults, develop and maintain healthy relationships, regulate behavior and emotions in developmentally appropriate ways and develop a healthy concept of self.

4 APPROACHES TO LEARNING

Children will develop a sense of wonder and creativity: a willingness to participate; and demonstrate age appropriate persistence to tasks.

WCAP Head Start and Early Head Start would like to thank everyone who participated in the development of our School Readiness Statement and Goals. It is through our strong partnerships and the county's dedication to ensuring high quality early childhood services are available to our community that this work was possible. As part of our future annual reports, you can anticipate seeing and learning how the information generated from our data sources is used to make program decisions, progress towards our stated goals, and overall continuous improvement. This will also include professional development of our staff. Our current streams of data encompasses but is not limited to: child outcomes data for both Head Start and Early Head Start, program self assessment, and the community needs assessment.

We look forward to demonstrating how our Head Start and Early Head Start efforts are positively impacting our future generations of Waldo County citizens.



LIFE START

It all started with a referral from Child Development Services. Amanda Shorey's son, Andrew, was struggling with speech delays. She was told Head Start would be a good fit for him and they could benefit from the socializations and the array of services offered through Head Start but she was still hesitant.

After an intake meeting with the Head Start Family Services staff, Amanda was starting to feel better about Head Start. "They were very comforting and understood that Andrew had never been away from me before." Her comfort with the program only grew from there.

"Before he even started, his teacher came to the house for a home visit and I could see he was excited. He liked that she came to see him and his trains, to know him. After the first day of school, he wanted to go back and that's when I knew he was changing in a positive way."

Andrew's vocabulary went from 20 words in the beginning of the year to upwards of 500 words by the end of the year - but he wasn't the only one who was beginning to grow in the Head Start program. Amanda was too.

"At the first parent group meeting, a member of the Head Start Policy Council was there asking for members," Amanda explained. She joined and by way of a twist of fate, Amanda was named Policy Council Chair at the second meeting. Part of her duties would include a seat in the Low-Income Sector of the WCAP Board of Directors.

Needless to say, between her parent group, the Head Start Policy Council, and the WCAP Board of Directors, Amanda had become very busy, very quickly - and that was something that not everyone in her household was able to understand. "I was in an abusive relationship," Amanda admitted. "He didn't understand why I would volunteer and do all of these things for free. He wanted me to be home and didn't approve of me being out of the house."

Attending meetings and attempting to keep the peace at home became a balancing act for Amanda. She described herself before Head Start as "shy" and somebody who "used [her] weight as a shield. The real Amanda was in

there, she was just hiding," she said.

"Participating on governing boards gave me the confidence to get out. Now I have a new job working with troubled kids, which is something I would have never had the confidence to do before. Now I go to town meetings and speak up in front of everyone."

The opportunity to become part of a group allowed Amanda the room to grow and emerge from her shell. "Before, I didn't have any friends," she confessed. Through her involvement with Head Start, she formed what she described as "lifelong friendships" with other parents, parents who supported her one day when she'd finally reached her breaking point in her relationship.

"I was at a conference for Head Start in New Hampshire and he was calling constantly. I had a long talk with some of the other parents and they let me know that I could be better and that I deserved better," she shared. "The day I got back from the conference, I moved out of the house right then and just felt all of the weight I'd been carrying lift. I tell everyone, even though I've recently lost 180 pounds, that day I lost 300."

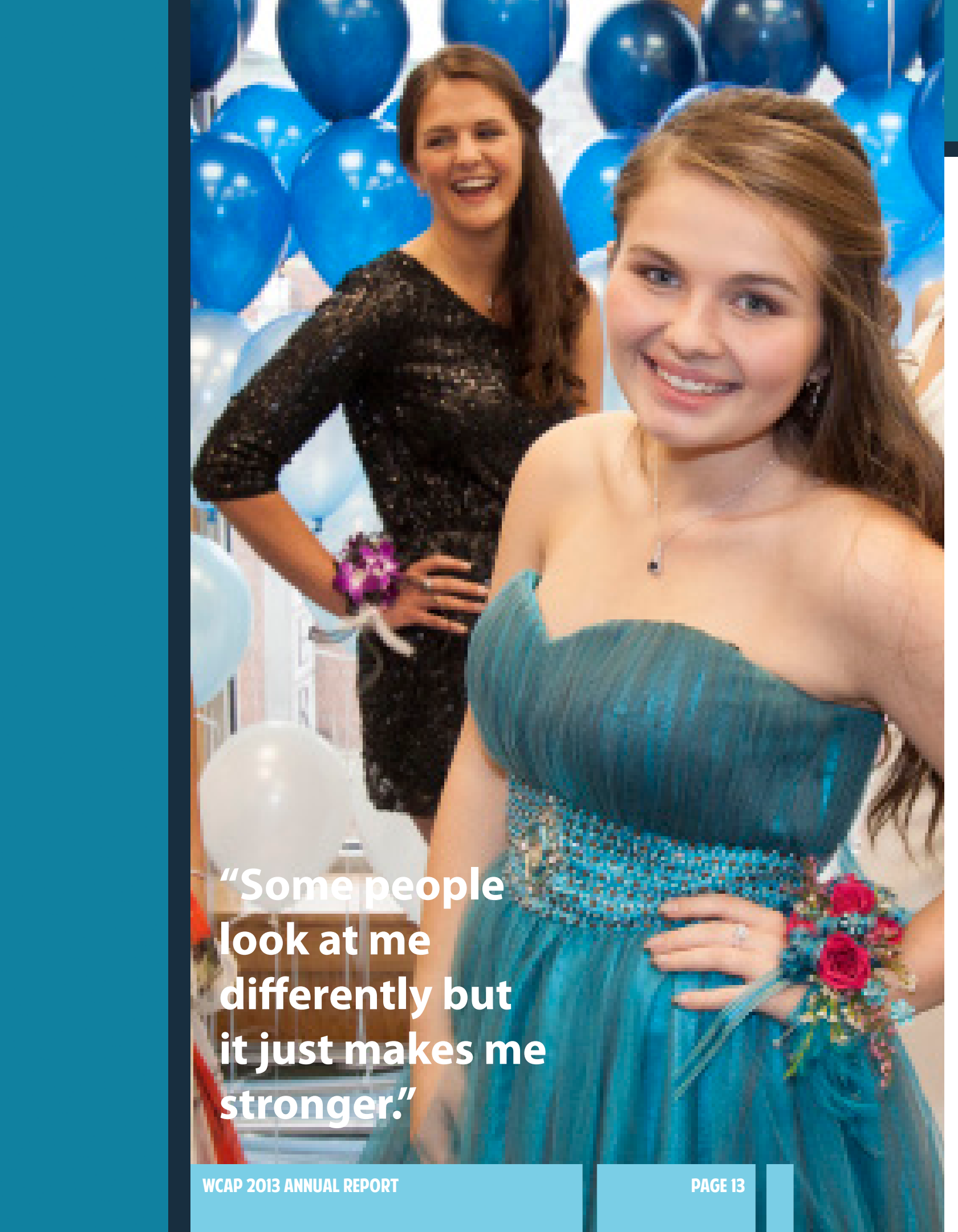
The 180 lbs. that Amanda referenced during her interview was the result of a gastric bypass surgery that she decided to undergo in 2013. It was the final step for her in letting go of the shield the old Amanda once carried. And the new Amanda? Within three months of undergoing her surgery, she registered for the WCAP Heroes 4 Hunger 5K race - something she never thought she would have ever done, not even in her wildest dreams.

"I wanted to be able to say I did it," she said. "Crossing the finish line was one of the best moments ever."

As for why she continues to volunteer with WCAP and Head Start even after Andrew has graduated from Head Start and moved on to Kindergarten and first grade, the answer is simple. "I believe WCAP and Head Start gave me so much. I want to be able to give back and help others learn how to let go of whatever is holding them back. I want to let them know there are other things out there and to use my experience to help them."

**“Even though I’ve
recently lost 180
pounds, that day I
lost 300.”**



A photograph of two young women at a formal event. The woman in the foreground is wearing a teal strapless gown with a beaded waist and holding a bouquet of red roses. The woman in the background is wearing a black sequined dress and has her hand on her hip. They are surrounded by many blue balloons. A quote is overlaid on the bottom left of the image.

**“Some people
look at me
differently but
it just makes me
stronger.”**

MORE THAN A DRESS

When you look at the photo to the left of the girl in a turquoise gown, she seems just like any other girl - and she is. "I drive, I swim, I rock climb. I do anything anybody else can do. It doesn't really stop me. Some people look at me differently but it just makes me stronger," she told us.

So what is it that puts her in the foreground? Well, it could be what some might consider a little bad luck early on in her life but for Mariah, it's what shaped her into the determined, independent young woman she's become - a fact that inspired the Cinderella Project of Maine into selecting her as the recipient of their 2013 Cinderella for a Day award. This is an award given to recognize one of the project's youth for outstanding work as a role model in their community despite hardships, much like the 'real' Cinderella.

"When I was born, I was born with three toes and my right leg was shorter than my left. So, the option that they chose to do was to amputate my leg. I've had probably 15 prosthetic legs since then." Mariah has come a long way but not without a lot of hard work and perseverance. "There's a lot of things you have to overcome with [a prosthetic leg]. I had to learn to walk with a prosthetic, I had to learn to do everything else every other kid could do and I could do everything they could all do, I just had to learn to do it differently or take longer to learn how to do it. My leg hasn't stopped me to do anything."

It would have been easy to sit on the sidelines as a child but that wasn't the life Mariah wanted for herself. She played sports all through elementary school and still plays sports today. She is a varsity cheerleader for her high school and it's not just sports teams she's cheering on - it's other girls with potential insecurities just like her.

"One of the things I chose to do this year was go back and help the middle school because our season was over... a 7th grader was afraid to cheer because she had been in a car accident and she needed skin grafts. She had some scars on the back of her leg, so she was worried people would make fun of her in her skirt. So their coach introduced me to her and showed her that people didn't make fun of me for having a prosthetic leg and they wouldn't make fun of her. The people in our school were

really supportive about how amazing it was to be able to cheer with going through all of that stuff."

The Cinderella Project of Maine was launched in 2006 and joined forces with WCAP in 2009. Since its inception, the project has grown to give away over 1,000 dresses to Maine high school girls. Longtime volunteer Jessica Woods says it's all about empowering the youth who walk through their door to feel beautiful enough and confident enough to go out into their communities and 'pay it forward' to others.

"We didn't coin the phrase 'pay it forward,' she explained, "but we do believe in the concept of helping girls have the opportunity to give back to their communities. They pay nothing for a dress. They come... and we ask them to do something for their community in return... that's how community building happens. That's how we instill in our youth the importance of caring about others and that's one of the key components for the Cinderella Project."

WCAP's Cinderella Project representative, Tabitha Lowe, believes it's more than just a dress that the girls come for. "Every time someone new comes to volunteer, they can't believe the smiles. They're moved to tears by it because they can tell some of these girls are feeling confident and unstoppable for the first time ever. When they finally find that perfect dress and come out of the dressing rooms to volunteers and parents alike clapping and cheering for them, there's no way to put into words what that can mean to a teenage girl. You just don't get that in a store. It doesn't matter if you spend \$50 or \$10,000, you won't get it. That can't be bought."

As for Mariah, she's been coming to the Cinderella Project since 9th grade and has always found the perfect dress. However, she recognizes the internal battle some girls go through during prom season. "If somebody was worried about not being able to go to prom because they didn't have money or didn't feel like they were pretty then the Cinderella Project is a great thing for them. They make sure you have all the accessories, they make sure you have a beautiful dress, they make sure that you'll have a really good day. People will look at you differently for that day."

FROM PICKLES TO CAPES

su·per·he·ro

/ˈsūpərˌhīrō/ ⓘ

noun

noun: superhero; plural noun: superheroes; noun: super-hero; plural noun: super-heroes

a benevolent fictional character with superhuman powers, such as Superman.

A superhero, as defined by the above dictionary, is a fictional character with superhuman powers. I know that this is not true because I have seen them. They're not always easy to spot but they are out there. Many of them hold regular jobs and seldom wear a cape, so it can be difficult to find them without looking carefully.

My first encounter happened on a snowy winter night in December on a bus to Thorndike. I sat next to one, unbeknownst to me at the time. In fact, I was surrounded by them and I had no idea. I was a high school student volunteering to help pack food boxes with Christmas meals for some families who needed food. My job was to pick up a jar of pickles from a stack and place them into the boxes being carried by in a line.

Fast forward about ten years to October 6, 2013. I now coordinate the very same project I once packed pickles for and there is a 5K fundraiser happening. Runners and walkers alike began to gather and it was the strangest thing - red capes, pink capes, blue capes... superheroes. Everywhere.

But let's back up a little bit, to earlier in the year when the group of volunteers who plan the WCAP and People for People holiday food box projects every year (all of them secretly superheroes) came to the realization that they needed to do more. Hunger is a year-round issue in Waldo County, which has a USDA designated food desert within its county limits. The result was the creation of a new program, which would include the food box projects as one of a variety of projects the program would offer year-round.

The name of the program? Heroes 4 Hunger. I will never forget what ended up happening that day in October, at our 5K race/walk. As a new 5K, we had a tiny yet mighty

group of registrants, totaling 35 in number.

Superheroes both young and old set out on the 3.2 mile trek along the streets of Belfast. Each one of them had one goal in mind - to finish the journey in honor of one household. Their participation meant one box of food, one turkey and all of the fixings to fill a table in Waldo County that might otherwise have been empty on Thanksgiving day.

The announcements advertising the 5K asked community members how far they would run if they knew it meant feeding the hungry. Those who came ended up traveling much further than 3.2 miles. They traveled to a superhuman place, into the hearts of race onlookers. From the experienced runners at the front to the toddler at the back steadily peddling with mother walking along side her, it was clear that these people had a purpose in what they were doing.

So clear, in fact, that one man was compelled to exit his streetside home to ask one of the volunteers working along the route to direct runners what they were doing. After informing him that the 5K was for Heroes 4 Hunger, whose official mission is to address food insecurity and obesity in Waldo County, the man went back into his home. When he emerged, he carried with him a box of soup and wanted them to take it - and that right there, is why I believe superheroes are real.

I have seen them emerge from their domestic lives and lace up their running shoes. I have seen them inspire the world around them with their purpose and determination. I have seen them consoling tearful mothers, ashamed to have to come and ask for food during the holidays. They are the support that holds us up.

I didn't know it at the time but back when I was packing those pickles, I was one too. The truth is, heroes are everywhere. All it takes is one selfless act, no matter how big or how small, to save the day in some way. That being said, every WCAP volunteer should be wearing a cape.

**“They traveled
to a superhuman
place, into the
hearts of race on-
lookers.”**



WCAP 2013 SUMMARY OF SERVICES

REPORT PERIOD (OCT. 1, 2012 - SEPT. 30, 2013)

PROGRAM	NUMBER SERVED	\$ VALUE OF SERVICES	TOTAL
TRANSPORTATION	1,784,855 Waldo Vehicle Miles Out of County Miles 2,012 Individuals	Operating In-Kind \$1,546,173.00 \$317,302.00	\$1,863,475.00
HOME ENERGY ASSISTANCE (HEAP)	2,233 Households 4,736 Individuals	Operating Benefit Amount \$144,629.00 \$1,246,857.00	\$1,391,549.00
ENERGY CRISIS INTERVENTION (ECIP)	325 Households 781 Individuals	Operating Benefit Amount \$ - \$122,212.00	\$122,212.00
HEAD START AND CHILD NUTRITION	140 Households 151 Individuals	Operating In-Kind \$1,287,243.00 \$278,303.00	\$1,565,546.00
WEATHERIZATION	30 Households 85 Individuals	Operating Benefit Amount \$142,287.00 \$181,443.00	\$323,730.00
DONATED COMMODITIES (FOOD)	943 Households 2,318 Individuals (monthly, not annually)	Operating Food Value \$12,521.00 \$138,104.00	\$150,625.00
CENTRAL HEATING IMPROVEMENT (CHIP)	55 Households 117 Individuals	Operating Benefit Amount \$11,913.00 \$32,911.00	\$44,824.00
EARLY HEAD START	57 Households 77 Visits	Operating In-Kind \$576,897.00 \$50,886.00	\$627,783.00
COMMUNITY SERVICES BLOCK GRANT (CSBG)			\$224,980.00

GRAND TOTAL: \$6,089,744.00

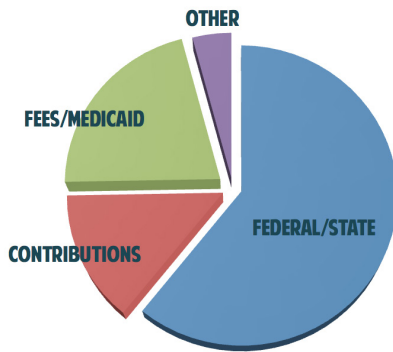
OTHER COUNTY-WIDE SERVICES		
ELECTRIC LIFELINE PROGRAM (ELP)		\$333,101.00
CHILD CARE FOOD PROGRAM	19 Homes / 106,709 Served	\$136,467.00
ABOVE GROUND STORAGE TANK PROGRAM	6 Households	\$9,794.00
SAFETY SEAT PROGRAM - CAR SEATS	155 Car Seats	\$9,300.00
SAFETY SEAT PROGRAM - CHECKS	Safety Checks	\$3,920.00
HOLIDAY FOOD BASKET PROJECTS	760 Thanksgiving / 1,028 Christmas	\$67,740.50
NEIGHBOR FOR NEIGHBOR	1,181 Families	
CINDERELLA PROJECT OF MAINE	223 Individuals	

WCAP 2013 FINANCIAL REPORT

REPORT PERIOD (JAN. 1, 2013 - DEC. 31, 2013)
(UN-AUDITED)

REVENUES

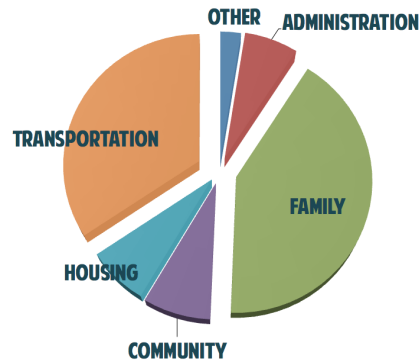
(\$5,362,152)



UNAUDITED - 2013

EXPENSES

(\$5,791,237)



AUDITED - 2012

ASSETS	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
CURRENT ASSETS						
Cash and equivalents	\$11,539	-	\$11,539	(\$20,941)	\$103,653	\$82,712
Accounts receivable	\$56,246	-	\$56,246	\$54,162	-	\$54,162
Grants receivable	\$657,497	-	\$657,497	\$501,732	-	\$501,732
Loans receivable - deferred	-	\$144,107	\$144,107	-	\$147,607	\$147,607
Loans receivable - repayable	-	\$20,391	\$20,391	-	\$19,525	\$19,525
Prepaid expenses	\$14,872	-	\$14,872	\$46,988	-	\$46,988
Total current assets	\$740,154	\$164,498	\$904,652	\$81,941	\$770,785	\$852,726
FIXED ASSETS						
Land	\$12,200	-	\$12,200	\$12,200	-	\$12,200
Buildings and improvements	\$176,008	-	\$176,008	\$176,008	-	\$176,008
Furniture and equipment	\$32,514	-	\$32,514	\$10,000	-	\$10,000
Vehicles	\$809,490	-	\$809,490	\$597,120	-	\$597,120
Less: accumulated depreciation	(\$573,503)	-	(\$573,503)	(\$488,792)	-	(\$488,792)
Total fixed assets	\$456,709	-	\$456,709	\$306,536	-	\$306,536
TOTAL ASSETS	\$1,196,863	\$164,498	\$1,361,361	\$888,477	\$770,785	\$1,159,262

LIABILITIES/NET ASSETS	Unrestricted	Temporarily Restricted	Total	Unrestricted	Temporarily Restricted	Total
CURRENT LIABILITIES						
Accounts payable	\$87,307	-	\$87,307	\$58,109	-	\$58,109
Accrued payroll & comp. absences	\$94,461	-	\$94,461	\$92,552	-	\$92,552
Payroll taxes & accrued other	\$12,728	-	\$12,728	\$5,305	-	\$5,305
Short term debt	-	\$3,551	\$3,551	-	-	\$0
Deferred revenue	-	\$286,250	\$286,250	-	\$209,697	\$209,697
Advances	-	-	\$0	-	\$0	\$0
Escrows payable	\$540	-	\$540	\$540	-	\$540
Total current liabilities	\$195,036	\$289,800	\$484,837	\$156,506	\$209,697	\$366,203
LONG-TERM DEBT	-	\$13,000	\$13,000	\$0	-	\$0
NET ASSETS	\$824,574	\$38,950	\$863,524	\$731,971	\$61,088	\$793,059
TOTAL LIABILITIES/NET ASSETS	\$1,019,610	\$328,750	\$1,361,361	\$888,477	\$270,785	\$1,159,262



WALDO COMMUNITY ACTION PARTNERS

P.O. BOX 130

BELFAST, ME 04915

